

bike



***Bike MS: City to Shore  
VOLUNTEER MANUAL***

**[www.msacycling.org](http://www.msacycling.org)**

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## WELCOME TO THE BIKE MS: CITY TO SHORE

Named by Bicycling Magazine as the “Best Cycling Getaway in NJ,” the Bike MS: City to Shore ride promises to be the best cycling journey on the east coast. This year, it is estimated that with cyclists, volunteers, teams, sponsors, and local community support, there will be nearly 8,000 people coming together in an effort to create a world free of MS.

Cyclists of all levels participate in this one or two-day Bike Ride riding one of these route options: 25, 45, 75, 150 or 175. It’s not a race, everyone rides at their own pace. The Ride kicks off at the PATCO Woodcrest Station in Cherry Hill, NJ and travels to the Saturday Finish Line in Ocean City, NJ. On Sunday, cyclists ride **75 miles** back to the Finish Line at the **PATCO Woodcrest Station in Cherry Hill**.

Rest stops and hydration stations are located every 15 to 20 miles along the route – fully stocked with **food and beverages**. Roving mechanics assist with bike repairs; medical support is just seconds away, and “SAG” wagons give weary riders a lift if needed!

In Ocean City, all cyclists and volunteers are treated to a spaghetti dinner at the historic Music Pier. This weekend will be filled with fun, food and fantastic memories!



## This is Why We Ride

As you support the over 7,000 cyclists participating in the Bike MS: City to Shore Ride, remember that your hard work will also benefit the over 11,000 local residents whose families live daily with multiple sclerosis. Here is some information to help you understand the daily effects of this disease.

MS is a chronic, unpredictable neurological disease with no known cause or cure that affects the central nervous system. It can affect your ability to walk, see or think. And the worst part is, you never know what's going to happen next. The progress, severity, and specific symptoms of MS in any one person cannot yet be predicted, but research advances continue to offer hope to those affected by the disease.

Some facts to note about MS:

- \* It strikes up to four times more women than men.
- \* Most people with MS are diagnosed between the ages of 20 and 50.
- \* A small but growing number of diagnoses are being made among children and teens.
- \* Lifetime personal costs of a life with MS are well above \$1 million for medications, home modifications and lost wages.

On behalf of thousands of local residents with MS, our cyclists and the Bike MS Staff, we thank you for joining the movement to help create a world free of MS.



## VOLUNTEER CHECKLIST

- ❑ **ARRIVE ON TIME:** Check in with your site supervisor. We suggest you arrive **15 minutes** before your assigned time to allow for parking and getting checked in.
- ❑ **BE PREPARED FOR ALL FORMS OF WEATHER.** The Tour goes on rain or shine! (Remember to pack a hat, sunglasses, rain gear, umbrella, sweatshirt and sunscreen.)
- ❑ **If you are assigned to work registration or VIP registration at Patco on Saturday, it is extremely important to arrive by 5:30am for the training under the main registration tent. Also, if you are assigned to help with Parking and Traffic it is important to arrive on time so you are set up in your assigned location before cyclists arrive.**
- ❑ **TRANSPORTATION IS NOT PROVIDED FOR VOLUNTEERS.** Volunteers going to the finish line or other location will need to provide their own transportation.
- ❑ **BE PREPARED FOR SLOW TIMES.** There will be times in the beginning and end of the day when the flow of cyclists will be light. Check with your site supervisor for “odd jobs” that need to be done (eg. emptying trash, unpacking/repacking supplies).
- ❑ **LATE ARRIVAL/CANCELLATION:** if you are unable to carry out your volunteer assignment or you will be arriving late to your assigned location, please call Kathie Cronk, Volunteer Manager, **on the day of the event at 215-460-4144. If you are cancelling PRIOR to the weekend, please call Kathie at 1-800-548-4611, ext. 132.**
- ❑ **CHEER ON THE RIDERS:** The participants always say the best part of the ride is the feeling. Create that feeling at your site. Use noise makers, horns, megaphones, pennies in an empty plastic container, etc. to cheer on our cyclists.
- ❑ **HAVE FUN:** Laugh, smile and have a great time. Remember, laughter is contagious.

## START LOCATION VOLUNTEERS

### PATCO - 75/100 MILE START

**LOCATION:** PATCO Woodcrest Station, Cherry Hill, NJ  
Be sure to stop by the Volunteer Check-in Tent first.

**ARRIVAL TIME:** 5:30 a.m. (unless your volunteer assignment states otherwise)  
It is important that all registration and VIP registration volunteers arrive on time for training.

**\*\*PLEASE DO NOT PARK IN THE PATCO WOODCREST PARKING LOT.\*\*  
VOLUNTEER PARKING LOT LOCATED ACROSS FROM THE PATCO START LOCATION.  
SEE DIRECTIONS TO LOT INCLUDED.  
AVOID TRAFFIC, ARRIVE ON TIME!**

### HAMMONTON - 45 MILE START

**LOCATION:** 1001 S. Grand Ave., Hammonton, NJ  
Meet at the Volunteer Check-in table.

**ARRIVAL TIME:** 8:00 a.m.  
Volunteers will be needed from 8:00 -11:30 a.m.

### Oakcrest High School, Mays Landing, NJ - 25 MILE START

**LOCATION:** Oakcrest High School, Mays Landing, NJ  
1824 Dr. Dennis Foreman Dr., Mays Landing, NJ 08330

Meet at the Volunteer Check-in table.

**ARRIVAL:** 6:00 am  
Volunteers will be needed from 6:00 am - 10:00 am



# REST STOP VOLUNTEERS

***\*\* PLEASE BE SURE TO CHECK-IN WITH SITE SUPERVISOR UPON ARRIVAL \*\****  
***PLEASE PARK IN VOLUNTEER PARKING AREAS ONLY - THEY WILL BE CLEARLY MARKED.***

## LOCATION:

**Waterford Elementary School - Sponsored by  
Fidelity Investments  
(Waterford, NJ)**

**Hammonton Lake Park - Sponsored by  
Lockheed Martin  
(Hammonton, NJ - Lunch)**

**Marty Wilson Rd. – Egg Harbor City, NJ -  
Sponsored by - Capmark  
(Egg Harbor City, NJ)**

**Hess School - Sponsored by Subaru  
(Mays Landing, NJ)**

**Batso-Pleasant Mills United Methodist Church -  
Century Loop (Port Republic, NJ)  
Sponsored by Janney Montgomery Scott**

**Atlantic Christian School – Sponsored by Aetna  
(Egg Harbor Township, NJ)**

**Hydration Station:  
Hale Trucking (W. Berlin, NJ)**

## TIMES:

**Arrive: Sat. - 5:00 am - 11:00 am  
Sun. - 8:00 am - 4:00 pm**

**Arrive: Sat. - 6:00 am - 1:00 pm  
Sun. - 8:00 am - 3:00 pm**

**Arrive: Sat. - 6:30 am - 2:00 pm  
Sun. - 6:00 am - 1:00 pm**

**Arrive: Sat - 7:00 am - 4:00 pm  
Sun - 7:00 am - 2:00 pm**

**Arrive: Sat. - 7:00 am – 3:00 pm**

**Arrive: Sat. – 10:00am – 5:00pm  
Sun. – 5:30am - 11:00am**

**Arrive: Sun. - 10:00 am - 4:00 p.m.**

## Rest Stop Responsibilities:

- 1.) Set up tables with food and beverages
- 2.) Replenish food and beverages when needed
- 3.) Keep the cyclists' morale up
- 4.) Assist with the clean up of your site

Feel free to bring signs, cardboard and markers. You can make these stops a lot of fun. Are you creative? Feel free to decorate, name or theme your rest stop. Be FESTIVE!

A HAM radio operator will be stationed at each site. Make sure you can recognize him/her. He/she will be able to communicate with other areas of the ride and will be able to radio for assistance in case of emergencies or other needs.

A sweep vehicle will come through each site to give the "ALL CLEAR." This will signal that all cyclists have passed your site and that your site is finished for the day. After cleaning up the site, feel free to head to the finish line or go home to rest. You earned it!

## FINISH LINE VOLUNTEERS

*PLEASE BE SURE TO CHECK-IN AT THE VOLUNTEER TENT  
FOR YOUR POSITION ASSIGNMENT.*

### OCEAN CITY – SATURDAY

- LOCATION: Ocean City Civic Center, 6th & Boardwalk  
**Meet at Volunteer Check-in Tent**
- ARRIVAL TIME: **8:00 a.m.** (Unless your volunteer assignment requires you to arrive at an alternate time)
- PARKING: **Please park at 5th and Wesley Street. (Volunteer shuttles will be available to take you to the finish line).**

### PATCO — SUNDAY

- LOCATION: PATCO Woodcrest Station,  
Cherry Hill, NJ  
**Meet at Volunteer Check-in Tent**
- ARRIVAL TIME: **9:00 a.m.** (Unless your volunteer assignment requires you to arrive at an alternate time)
- PARKING: **Parking located in the Patco lot is open to volunteers.**

## FINISH LINE RESPONSIBILITIES

- ❑ **Set up tables** for food/beverages, cooler bags, t-shirts, etc.
- ❑ **Patrol for trash** throughout the day – this makes clean-up much easier.
- ❑ At the end of the day, **all supplies and food** (except perishables) need to be repacked and loaded onto the supply truck.
- ❑ **Cheer the cyclists in.** Applaud their accomplishment – For the cyclists, the finish line is the best part of the Tour!! **Please do not leave your assigned location to cheer on cyclists without making sure there are enough people to cover the area.**

# COMMUNICATIONS AND EMERGENCIES

**At all rest stops and start/finish locations, your staff site supervisor is your first line of communication in the event of an emergency. They work with the Radio Operator to call for assistance.**

## **EMERGENCY COMMUNICATIONS PROTOCOL:**

HAM Radio Operators are the communications link to all other areas of the Bike Tour.  
There will be HAM Radio Operators stations at/in:

- Rest Stops (including the lunch stop);
- Various intersections along the route;
- All emergency vehicles;
- All SAG buses;
- At the finish line.

## **IF YOU COME UPON AN EMERGENCY WHILE ALONG THE ROUTE:**

### **1.) DO NOT MOVE THE PERSON UNLESS ABSOLUTELY NECESSARY.**

If you must move the person, be sure to stabilize/support the head, neck, and spine. Keep them straight and immobile to prevent further injury.

### **2.) CALL THE NUMBER ON YOUR WRISTBAND:**

- a.) Know the location (intersection, township, mile marker, etc)
- b.) Type/severity of the injury
- c.) Number of people involved
- d.) Participant name and/or participant number, if possible
- e.) Be calm and clear with communications.

### **3.) DESIGNATE A PERSON TO DIRECT CYCLIST & PEDESTRIAN TRAFFIC**

Keep the area clear and keep a crowd from gathering.





## IMPORTANT INFORMATION TO KNOW

**IDENTIFICATION:** All cyclists and their bikes are identified with rider numbers. Be sure to give special recognition/thanks to our top fundraisers: Cyclists with **YELLOW RIDER NUMBERS** and/or **VIP JERSEYS** have raised \$1,000 each!

**FOOD & BEVERAGES:** Food, beverages and port-o-pots or restrooms will be provided for all cyclists and volunteers at each rest stop, lunch stop and both start/finish points.

**BICYCLE REPAIRS:** Over 15 local bike shops sponsor the ride and will have bicycle mechanics available to make bike repairs. They travel the route to ensure that cyclists still on the road are taken care of, and they will also be stationed at some rest stops.

**TRANSPORTATION FOR ONE DAY RIDERS:** There will be transportation provided back to all three start locations for those choosing to ride one day. The transportation tent is located across from the High School at 6<sup>th</sup> and Atlantic Ave. in Ocean City.

**LOST AND FOUND:** Items should be collected and given to the site supervisor at the end of each day. They will be brought back to the finish line each day. Any items not claimed at the end of the ride will be taken to the MS office.

**THANK YOU:** As a volunteer, you provide great assistance for the ride. Without your help, City to Shore would not be possible. Have a good time, because your support does make a difference.



## SUPPORT CYCLISTS CAN COUNT ON

### GOLD WING ROAD RIDERS ASSOCIATION

These volunteers can be found at “trouble” intersections. They monitor and guide cyclist traffic, but are generally not permitted to stop traffic. When you see a Gold Wing volunteer, ride with caution. They’ll be wearing orange vests and waving orange flags so you can’t miss ‘em!

### HAM RADIO OPERATORS

A communications volunteer is stationed at almost every intersection. If you encounter an accident or other emergency, let the HAM radio operator know. If you’re wondering how you’ll know who they are, look for a car with a really big antenna! NOTE: these volunteers are not permitted to direct traffic.

### MEDICAL SUPPORT

American Medical Response provides services on the route for emergency transportation in the event that a cyclist may be injured. Additionally, rest stops are staffed by local First Aid Squads and volunteers where possible.

### SAFETY AMBASSADORS

Wearing orange Safety armbands, this team of experienced cyclists aims to help cyclists reach the finish line safely. All Safety Ambassadors are trained in the rules of the road and the Ride.

### SAG WAGONS

If a cyclist can’t push another pedal, they can look for the first SAG Wagon that comes their way and give the thumbs down signal to be picked-up. A cargo and passenger van duo will transport them and their bikes. NOTE: The trip into the finish line is not always direct. Never tell a cyclist they will be taken right to the finish line. If a cyclist wishes to only ride into the next rest stop, they need to let the driver know.



## STILL MORE IMPORTANT INFORMATION TO KNOW...

### VOLUNTEER TRAINING

This year, in order to reach more volunteers and give out the proper information on what to expect the weekend of the Ride, we will be holding teleconference trainings. Below are the dates of the training calls and what will be covered.

**September 18<sup>th</sup>** – 7pm – 8pm – All SAG and supply support drivers

**September 22<sup>th</sup>** – 7pm – 8pm – Registration volunteers (for all start locations)

**September 23<sup>th</sup>** – 7pm – 8pm – Patco start/finish volunteers (**not doing registration**)

**September 24<sup>th</sup>** – 7pm – 8pm – Ocean City Finish Line

Please R.S.V.P. to Kathie Cronk at [kathie.cronk@pae.nmss.org](mailto:kathie.cronk@pae.nmss.org) or call 215-271-1500 ext. 132 by **September 15<sup>th</sup>** and indicate the call date. Instructions on how to call in will be sent to you.



## IMPORTANT LOCATIONS TO KNOW

### Saturday, September 27, 2008

Start, Traditional Route	PATCO Woodcrest Station, Cherry Hill, NJ
Start, 45 Mile Route	Saturday Only. 1001 S. Grand Ave, Hammonton, NJ
Start, 25 Mile Route	Saturday Only. Oakcrest High School, Mays Landing NJ
Rest Stop #1	Waterford Elementary School, Waterford, NJ
Rest Stop #2— Lunch	Hammonton Lake Park – Hammonton, NJ
Rest Stop #3	Marty Wilson Rd., Egg Harbor City, NJ
Rest Stop #4	Hess School, Mays Landing, NJ
Century Stop	Batsto – Pleasant Mills United Methodist Church
Rest Stop #5	Atlantic Christian School - Egg Harbor Township, NJ
Finish Line	Ocean City Civic Center – 6th & Boardwalk
Dinner	The Music Pier and Ocean City High School <i>(dinner will be served from 3-7pm)</i>

### Sunday, September 28, 2008

Breakfast	The Music Pier and Ocean City High School <i>(breakfast will be served from 6 – 7:30am)</i>
Start	Ocean City Civic Center – 6th & Boardwalk
Rest Stop #1	Atlantic Christian School – Egg Harbor Township, NJ
Rest Stop #2	Hess School, Mays Landing, NJ
Rest Stop #3	Marty Wilson Rd., Egg Harbor City, NJ
Rest Stop #4— Lunch	Hammonton State Park - Hammonton, NJ
Rest Stop #5	Waterford Elementary School, Waterford, NJ
Hydration Station	Hale Trucking, Berlin, NJ
Finish Line	PATCO Woodcrest Station, Cherry Hill





City to Shore <sup>bike to</sup> shore  
Ride 2008 <sup>create a world</sup> free of MS

# City to Shore Ride 2008

## Directions Booklet

## 25 MILE START – OAKCREST HIGH SCHOOL

### **FROM PHILADELPHIA:**

**TAKE** the Walt Whitman Bridge to Route 42 toward Atlantic City; **CONTINUE** on Route 42 to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 17; At the end of the off-ramp, **TURN RIGHT** onto Rt. 50 **TURN LEFT** onto US-322 East [Black Horse Pike] for 2.5 miles; **TURN RIGHT** onto Dr. Dennis Forman Drive. The entrance will be on your left.

### **FROM SOUTHWESTERN NEW JERSEY:**

**TAKE** Route 42 toward Atlantic City; **CONTINUE** on Route 42 to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 17; At the end of the off-ramp, **TURN RIGHT** onto Rt. 50 **TURN LEFT** onto US-322 East [Black Horse Pike] for 2.5 miles; **TURN RIGHT** onto Dr. Dennis Forman Drive. The entrance will be on your left.

### **FROM CENTRAL AND NORTHERN NEW JERSEY:**

**TAKE** the Garden State Parkway South to Exit 38/Atlantic City Expressway; **TAKE** the Atlantic City Expressway North/West towards Philadelphia to Exit 12; **BEAR LEFT** (West) onto Access Rd; **TURN RIGHT** onto US-40 West and **PROCEED** for approximately 2 miles; **TURN RIGHT** onto Dr. Dennis Foreman Drive. The entrance will be on your right.

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### **FROM HAMMONTON 45 MILE START LINE:**

**TURN LEFT** onto S. Grand Ave; **TURN RIGHT** onto 9th St; **TURN LEFT** onto S. 1st Rd (The name of the street, not the first road that you come to.); **TURN RIGHT** onto 8th St. and proceed for about 3.5 miles. **TURN LEFT** onto US-322 [E Black Horse Pike]; **PROCEED** for about 11.8 miles; **TURN RIGHT** onto Dr. Dennis Forman Drive The entrance will be on your left.

### **FROM PATCO:**

**TAKE** Rt. 295 South to Route 42. **PROCEED** on Route 42 toward Atlantic City; **CONTINUE** on Route 42 to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 17; At the end of the off-ramp, **TURN RIGHT** onto Rt. 50 **TURN LEFT** onto US-322 East [Black Horse Pike] for 2.5 miles; **TURN RIGHT** onto Dr. Dennis Forman Drive. The entrance will be on your left.

### **FROM WATERFORD REST STOP:**

**TURN LEFT** out of the rest stop; **TURN LEFT** onto US-30 East and **PROCEED** for approximately 16 miles; **TURN RIGHT** onto SR-50 [Philadelphia Ave] and **PROCEED** for 5 miles; **TURN LEFT** onto US-322 [E Black Horse Pike]; **PROCEED** for about 11.8 miles; **TURN RIGHT** onto Dr. Dennis Forman Drive The entrance will be on your left.

CONT'D

## 25 MILE START – CONT'D

### **FROM HAMMONTON LUNCH/REST AREA:**

**TURN RIGHT** out of the Lunch Stop onto Park Ave; **TURN RIGHT** onto Central Ave; **TURN RIGHT** onto Rt. 30 East; **TURN RIGHT** onto SR-50 [Philadelphia Ave] and **PROCEED** for 5 miles; **TURN LEFT** onto US-322 [E Black Horse Pike]; **PROCEED** for about 11.8 miles; **TURN RIGHT** onto Dr. Dennis Forman Drive. The entrance will be on your left.

### **FROM EGG HARBOR CITY REST STOP:**

**TURN RIGHT** out of the Rest Stop onto Antwerp Ave. and **PROCEED** onto Grant Ave.; **TURN RIGHT** onto Bremen Ave; **TURN RIGHT** onto Rt. 30 West; **TURN LEFT** onto SR-50 [Philadelphia Ave] and **PROCEED** for 5 miles; **TURN LEFT** onto US-322 [E Black Horse Pike]; **PROCEED** for about 11.8 miles; **TURN RIGHT** onto Dr. Dennis Forman Drive The entrance will be on your left.

### **FROM BATSTO CENTURY REST STOP:**

**GO STRAIGHT** out of the Rest Stop onto Pleasant Mills-Weekstown Road; **TURN RIGHT** onto Elwood Road; **TURN LEFT** onto Rt. 30 East; **TURN RIGHT** onto SR-50 [Philadelphia Ave] and **PROCEED** for 5 miles; **TURN LEFT** onto US-322 [E Black Horse Pike]; **PROCEED** for about 11.8 miles; **TURN RIGHT** onto Dr. Dennis Forman Drive. The entrance will be on your left.

### **FROM HESS SCHOOL REST STOP**

**TURN RIGHT** out of the Rest Stop onto Babcock Road; **TURN LEFT** onto Rt. 40 and **IMMEDIATELY TURN RIGHT** onto Dr. Dennis Foreman Drive. The entrance will be on your right.

### **FROM ATLANTIC CHRISTIAN SCHOOL REST STOP:**

**TURN LEFT** out of the Rest Stop onto Zion Road; **TURN RIGHT** onto CR-575/English Creek Ave.; **TURN LEFT** onto US-40; **PROCEED** on US-40 West; **TURN RIGHT** onto Dr. Dennis Foreman Drive. The entrance will be on your right.

### **FROM OCEAN CITY:**

**TAKE** the 9<sup>th</sup> Street Bridge out of Ocean City and **FOLLOW SIGNS** for the Garden State Parkway; **TAKE** the Garden State Parkway North; **TAKE** Exit 36 and **TURN LEFT** onto US-40; **PROCEED** on US-40 West; **TURN RIGHT** onto Dr. Dennis Foreman Drive. The entrance will be on your right.

## 45 MILE START – BUSINESS PARK

### **FROM NJ:**

**TAKE** the Atlantic City Expressway to Exit 28 – Route 54; Keep left at the fork in the ramp to **TURN LEFT** onto Rt. 54 North; **TURN RIGHT** onto First Rd. (This is the name of the road, not the 1st road you will come to); **TURN LEFT** onto 10th St., **TURN RIGHT** at the stop sign onto S. Grand Ave; **TURN LEFT** at the 3rd entrance in to Start.

### **FROM PA:**

**TAKE** the Walt Whitman Bridge to Route 42 toward Atlantic City; **CONTINUE** on Route 42 to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 28 – Route 54; Keep left at the fork in the ramp to **TURN LEFT** onto Rt. 54 North; **TURN RIGHT** onto First Rd. (This is the name of the road, not the 1st road you will come to); **TURN LEFT** onto 10th St., **TURN RIGHT** at the stop sign onto S. Grand Ave; **TURN LEFT** at the 3rd entrance in to Start.

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### **FROM 25 MILE START:**

**TURN RIGHT** onto Denmead Ave; **TURN RIGHT** onto Cologne Ave; **TURN RIGHT** onto Rt. 40 West; **FOLLOW** Rt. 40 West through Mays Landing and **TURN RIGHT** onto Rt. 50 and **PROCEED** for approximately 2.8 miles; **ENTER** the Atlantic City Expy towards Philadelphia; **TAKE** Exit 28; **TURN RIGHT** onto SR-54 [12th St]; **TURN RIGHT** onto First Rd. (This is the name of the road, not the 1st road you will come to); **TURN LEFT** onto 10th St., **TURN RIGHT** at the stop sign onto S. Grand Ave; **TURN LEFT** at the 3rd entrance in to Start.

### **FROM PATCO:**

**TAKE** Rt. 295 South to Route 42. **PROCEED** on Route 42 toward Atlantic City; **CONTINUE** on Route 42 to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 28 – Route 54; Keep left at the fork in the ramp to **TURN LEFT** onto Rt. 54 North; **TURN RIGHT** onto First Rd. (This is the name of the road, not the 1st road you will come to); **TURN LEFT** onto 10th St., **TURN RIGHT** at the stop sign onto S. Grand Ave; **TURN LEFT** at the 3rd entrance in to Start.

### **FROM WATERFORD:**

**TURN LEFT** out of the Rest Stop; **TURN LEFT** onto Rt. 30 East and go approximately 7 miles; **TURN RIGHT** onto Lakeview Drive (becomes 9<sup>th</sup> Street); Turn Right onto S. Grand Ave. and take the first entrance into the Start Line.

### **FROM HAMMONTON LUNCH/REST STOP:**

**TURN LEFT** out of rest stop; **TURN LEFT** onto Route 561; **TURN RIGHT** onto 9th Street; **TURN RIGHT** onto South Grand Street; **TURN RIGHT** into 1st entrance.

CONT'D



## 45 MILE START – BUSINESS PARK CONT'D

### **FROM EGG HARBOR CITY REST STOP:**

**TURN RIGHT** out of the rest stop onto Antwerp Ave. and follow onto Grant Ave; **TURN RIGHT** onto Bremen Ave; **TURN RIGHT** onto Rt. 30 and proceed on Rt. 30 for approximately 8 miles; At the fork in the road, **BEAR LEFT** onto South Egg Harbor Road; **TURN LEFT** onto 9<sup>th</sup> Street; **TURN RIGHT** onto S. Grand Ave. and **TURN RIGHT** into the 1<sup>st</sup> entrance.

### **FROM BATSTO CENTURY STOP:**

**TURN RIGHT** out of the rest stop onto Nesco Road; **TURN LEFT** onto US 30 East and **PROCEED** for about 0.4 miles; **TURN RIGHT** onto Lakeview Drive (becomes 9<sup>th</sup> Street); Turn Right onto S. Grand Ave. and take the first entrance into the Start Line.

### **FROM HESS SCHOOL REST STOP:**

**TURN RIGHT** out of the rest stop on to Babcock Road; **TURN RIGHT** onto US-40 [Harding Hwy]; **BEAR RIGHT** onto Route 40/322 and **TAKE JUGHANDLE** for CR-575 [Wrangleboro Rd] to enter Atlantic City Expy towards Philadelphia; **TAKE** the Atlantic City Expressway to Exit 28 – Route 54. Keep left at the fork in the ramp. Turn left onto Rt. 54 North. **TURN RIGHT** onto SR-54 [12th St]; **TURN RIGHT** onto First Rd. (This is the name of the road, not the 1st road you will come to); **TURN LEFT** onto 10th St., **TURN RIGHT** at the stop sign onto S. Grand Ave; **TURN LEFT** at the 3rd entrance in to Start.

### **FROM ATLANTIC CHRISTIAN SCHOOL REST STOP:**

**TURN RIGHT** out of the rest stop onto Zion Road; **TURN LEFT** onto Bargaintown Road; **PROCEED** on Bargaintown Road to enter the GARDEN STATE PARKWAY North to the Atlantic City Expressway towards Philadelphia; **TAKE** the Atlantic City Expressway to Exit 28 – Route 54. Keep left at the fork in the ramp. Turn left onto Rt. 54 North. **TURN RIGHT** onto SR-54 [12th St]; **TURN RIGHT** onto First Rd. (This is the name of the road, not the 1st road you will come to); **TURN LEFT** onto 10th St., **TURN RIGHT** at the stop sign onto S. Grand Ave; **TURN LEFT** at the 3rd entrance in to Start.

### **FROM OCEAN CITY:**

**TAKE** the 9<sup>th</sup> Street Bridge out of Ocean City and **FOLLOW SIGNS** for the Garden State Parkway; **TAKE** the Garden State Parkway North to the Atlantic City Expressway towards Philadelphia; **TAKE** the Atlantic City Expressway to Exit 28 – Route 54. Keep left at the fork in the ramp. Turn left onto Rt. 54 North. **TURN RIGHT** onto SR-54 [12th St]; **TURN RIGHT** onto First Rd. (This is the name of the road, not the 1st road you will come to); **TURN LEFT** onto 10th St., **TURN RIGHT** at the stop sign onto S. Grand Ave; **TURN LEFT** at the 3rd entrance in to Start.

## PATCO WOODCREST STATION

### **FROM SOUTH PHILADELPHIA:**

**TAKE** the Walt Whitman Bridge to Rt. 295 North to Exit 31 (Woodcrest Station); **PROCEED** straight for *cyclist/overnight* parking. **For VOLUNTEER PARKING**, turn left on Woodcrest Rd (First light). Make an immediate left onto York Road and parking will be on your right.

### **FROM CENTER CITY PHILADELPHIA:**

**TAKE** the Ben Franklin Bridge to Rt. 30 East (Admiral Wilson Blvd.) to Rt. 70 East; **PROCEED** on Rt. 70 East and **TAKE** Rt. 295 South to Exit 31 (Woodcrest Station); **PROCEED** straight for *cyclist/overnight* parking. **For VOLUNTEER PARKING**, turn left on Woodcrest Rd (First light). Make an immediate left onto York Road and parking will be on your right.

### **FROM NORTHEAST PHILADELPHIA:**

**TAKE** the Tacony Palmyra Bridge to Rt. 73 South to Rte. 295 South to Exit 31 (Woodcrest Station); **PROCEED** straight for *cyclist/overnight* parking. **For VOLUNTEER PARKING**, turn left on Woodcrest Rd (First light). Make an immediate left onto York Road and parking will be on your right.

### **FROM SOUTHERN NEW JERSEY:**

**TAKE** Rt. 295 North to Exit 31 (Woodcrest Station); **PROCEED** straight for *cyclist/overnight* parking. **For VOLUNTEER PARKING**, turn left on Woodcrest Rd (First light). Make an immediate left onto York Road and parking will be on your right.

### **FROM NORTHERN NEW JERSEY:**

**TAKE** the NJ Turnpike South to Exit 4; **TAKE** Rt. 73 North to Rt. 295 South to Exit 31 (Woodcrest Station); **PROCEED** straight for *cyclist/overnight* parking. **For VOLUNTEER PARKING**, turn left on Woodcrest Rd (First light). Make an immediate left onto York Road and parking will be on your right.

### **FROM PENNSYLVANIA TURNPIKE:**

**TAKE** the PA Turnpike East to New Jersey Turnpike Extension East to the Bordentown Exit; **PROCEED** on Rt. 656 South/East; **TAKE** Rt. 295 South to Exit 31 (Woodcrest Station); **PROCEED** straight for *cyclist/overnight* parking. **For VOLUNTEER PARKING**, turn left on Woodcrest Rd (First light). Make an immediate left onto York Road and parking will be on your right.

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### **FROM 25 MILE START:**

**TURN LEFT** on to Dr. Dennis Forman Drive; **TURN LEFT** onto US-40 [Harding Hwy]; **BEAR RIGHT** onto Route 40/322 and **TAKE JUGHANDLE** for CR-575 [Wrangleboro Rd] to enter Atlantic City Expy towards Philadelphia; **TAKE** the Atlantic City Expressway to Rt. 42 North; **TAKE** 42 North to 295 North; **TAKE** 295 North to Exit 31 (Woodcrest Station); go straight through light into parking lot.

CONT'D

**FROM 45 MILE START:**

**TURN LEFT** out of the Start onto S. Grand Ave.; **TURN RIGHT** onto 9<sup>th</sup> Street; **TURN RIGHT** onto S 2nd Rd; **TURN LEFT** onto SR-54 [12th St]; **ENTER** onto Atlantic City Expressway towards Philadelphia; **TAKE** the Atlantic City Expressway to Rt. 42 North; **TAKE** 42 North to 295 North; **TAKE** 295 North to Exit 31 (Woodcrest Station); go straight through light into parking lot.

**FROM WATERFORD REST STOP:**

**TURN LEFT** out of the Rest Stop onto Old Whitehorse Pike; **TURN RIGHT** onto Bates Mill Road; **TURN RIGHT** onto Rt. 30 West; **PROCEED** on Rt. 30 West to Rt. 295; **TAKE** Rt. 295 North to Exit 31 – Woodcrest Station. Go straight through light into parking lot.

**FROM HAMMONTON LUNCH/REST STOP:**

**TURN RIGHT** out of the Lunch Stop onto Park Ave; **TURN LEFT** on to Central Ave; **TURN LEFT** on to Twelfth Street (Rt. 54); **TURN RIGHT** onto Atlantic City Expressway towards Philadelphia; **TAKE** the Atlantic City Expressway to Rt. 42 North; **TAKE** 42 North to 295 North; **TAKE** 295 North to Exit 31 (Woodcrest Station); go straight through light into parking lot.

**FROM EGG HARBOR CITY REST STOP:**

**TURN RIGHT** on to Antwerp Ave and follow as it becomes Grant Ave; **TURN RIGHT** on to Bremen Ave; **TURN RIGHT** onto Rt. 30 West; **TURN LEFT** onto Philadelphia Ave./Rt. 50; **PROCEED** on Rt. 50 to the AC Expressway; **ENTER** the AC Expressway towards Philadelphia/Camden; **TAKE** the Atlantic City Expressway to Rt. 42 North; **TAKE** 42 North to 295 North; **TAKE** 295 North to Exit 31 (Woodcrest Station); go straight through light into parking lot.

**FROM BATSTO CENTURY STOP:**

**TURN RIGHT** on to Pleasant Mills/Nesco Road and continue for 6.2 miles; **TURN RIGHT** on to Rt. 30 (West) and **MAKE IMMEDIATE LEFT** on to Central Ave; **TURN LEFT** on to Rt. 54/Bellevue Ave; **PROCEED** on Rt. 54; **TURN RIGHT** onto Atlantic City Expressway towards Philadelphia; **TAKE** the Atlantic City Expressway to Rt. 42 North; **TAKE** 42 North to 295 North; **TAKE** 295 North to Exit 31 (Woodcrest Station); go straight through light into parking lot.

**FROM HESS SCHOOL REST STOP:**

**TURN RIGHT** out of the rest stop on to Babcock Road; **TURN RIGHT** onto US-40 [Harding Hwy]; **BEAR RIGHT** onto Route 40/322 and **TAKE JUGHANDLE** for CR-575 [Wrangleboro Rd] to enter Atlantic City Expy towards Philadelphia; **TAKE** the Atlantic City Expressway to Rt. 42 North; **TAKE** 42 North to 295 North; **TAKE** 295 North to Exit 31 (Woodcrest Station); go straight through light into parking lot.

PATCO WOODCREST STATION – PAGE 3

**FROM ATLANTIC CHRISTIAN SCHOOL REST STOP:**

**TURN RIGHT** out of the rest stop onto Zion Road; **TURN LEFT** onto Bargaintown Road; **PROCEED** on Bargaintown Road to enter the GARDEN STATE PARKWAY North to the Atlantic City Expressway towards Philadelphia; **TAKE** the Atlantic City Expressway to Rt. 42 North; **TAKE** 42 North to 295 North; **TAKE** 295 North to Exit 31 (Woodcrest Station); Go straight through light into parking lot.

**FROM OCEAN CITY:**

**TAKE** the 9<sup>th</sup> St bridge out of Ocean City and follow signs for the Garden State Parkway; **ENTER** the Garden State Parkway North; **TAKE** Exit 38 – AC Expressway (Phila/Camden); **TAKE** the Atlantic City Expressway to Rt. 42 North; **TAKE** 42 North to 295 North; **TAKE** 295 North to Exit 31 (Woodcrest Station); Go straight through light into parking lot

## BERLIN WATER STOP – SUNDAY ONLY

### **FROM PHILADELPHIA:**

**TAKE** the Walt Whitman Bridge to Route 295 North; **TAKE** Route 295 North to Exit 32 – Gibbsboro/Voorhees; **TURN RIGHT** onto Haddonfield-Berlin Road/Rt. 561; **PROCEED** approximately 1.5 miles and **TURN LEFT** onto Evesham Road; **PROCEED** approximately 1.8 miles and **TURN RIGHT** onto Cooper Road. The Water Stop is about 5.4 miles on your left.

### **FROM SOUTHERN NEW JERSEY:**

**TAKE** Route 295 North to Exit 32 – Gibbsboro/Voorhees; **TURN RIGHT** onto Haddonfield-Berlin Road/Rt. 561; **PROCEED** approximately 1.5 miles and **TURN LEFT** onto Evesham Road; **PROCEED** approximately 1.8 miles and **TURN RIGHT** onto Cooper Road. The Water Stop is about 5.4 miles on your left.

### **FROM NORTHERN NEW JERSEY:**

**TAKE** the New Jersey Turnpike South to Exit 4 (Mt. Laurel); **TAKE** Route 73 South for approximately 8.2 miles; **TURN LEFT** onto Cooper Road. The Water Stop will be 2 miles on your left.

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### **FROM 25 MILE START:**

**TURN RIGHT** out of the Start onto Denmead Ave.; **TURN RIGHT** onto Cologne Ave; **TURN LEFT** onto US-40 [Harding Hwy]; **BEAR RIGHT** onto Route 40/322 and **TAKE JUGHANDLE** for CR-575 [Wrangleboro Rd] to enter Atlantic City Expy towards Philadelphia; **TAKE** Exit 31 – Rt. 73; **PROCEED** on Rt. 73 North for approximately 10 miles; **TURN RIGHT** onto Jackson Road; **TURN LEFT** onto Taunton; **TURN LEFT** onto Cooper Road. The Water Stop will be on your right.

### **FROM 45 MILE START LINE:**

**TURN RIGHT** onto Grand Ave out of the start; **TURN RIGHT** onto 12<sup>th</sup> St; **TURN LEFT** onto Railroad Ave/Rt. 561; **TURN RIGHT** onto Rt. 73 North; **PROCEED** on Rt. 73 North for approximately 7.5 miles; **TURN RIGHT** onto Jackson Road; **TURN LEFT** onto Taunton; **TURN LEFT** onto Cooper Road. The Water Stop will be on your right.

### **FROM PATCO:**

**EXIT** PATCO Parking Lot and **TAKE** Rt. 295 North for one exit (Exit 32); **TURN RIGHT** onto Haddonfield-Berlin Road/Rt. 561; **PROCEED** approximately 1.5 miles and **TURN LEFT** onto Evesham Road; **PROCEED** approximately 1.8 miles and **TURN RIGHT** onto Cooper Road. The Water Stop is about 5.4 miles on your left.

### **FROM WATERFORD REST STOP**

**TURN RIGHT** out of Rest Stop onto Old White Horse Pike; **PROCEED** approximately 1.5 miles and **TURN LEFT** onto Hendricks Avenue; **TURN RIGHT** onto White Horse Pike; **MERGE** onto Rt. 73 North; **TURN RIGHT IMMEDIATELY** onto Jackson Road; **TURN LEFT** onto Taunton; **TURN LEFT** onto Cooper Road. The Water Stop will be on your right.

CONT'D

## BERLIN WATER STOP – SUNDAY ONLY CONT'D

### **FROM HAMMONTON REST/LUNCH STOP:**

**TURN LEFT** out of the Rest Stop onto Park Ave; **TURN RIGHT** onto Egg Harbor Road/Rt. 561; **TURN LEFT** onto 12<sup>th</sup> Street and an **IMMEDIATE RIGHT** onto Railroad Ave to continue on Rt. 561; **TURN RIGHT** onto Rt. 73 North; **PROCEED** on Rt. 73 North for approximately 7.5 miles; **TURN RIGHT** onto Jackson Road; **TURN LEFT** onto Taunton; **TURN LEFT** onto Cooper Road. The Water Stop will be on your right.

### **FROM EGG HARBOR CITY REST STOP:**

**TURN RIGHT** out of the Rest Stop onto Antwerp Ave and **PROCEED** on Grant Ave; **TURN RIGHT** onto Bremen Ave.; **TURN RIGHT** onto Rt. 30 West; **TURN LEFT** onto Rt. 50 South; **TAKE** Atlantic City Expy towards Philadelphia; **TAKE** Exit 31 – Rt. 73; **PROCEED** on Rt. 73 North for approximately 10 miles; **TURN RIGHT** onto Jackson Road; **TURN LEFT** onto Taunton; **TURN LEFT** onto Cooper Road. The Water Stop will be on your right.

### **FROM BATSTO CENTURY REST STOP:**

**TURN RIGHT** on to Pleasant Mills/Nesco Road and continue for 6.2 miles; **TURN RIGHT** on to Rt. 30 (West); **PROCEED** on Rt. 30 for approximately 12.5 miles; **TURN RIGHT IMMEDIATELY** onto Jackson Road; **TURN LEFT** onto Taunton; **TURN LEFT** onto Cooper Road. The Water Stop will be on your right.

### **FROM HESS SCHOOL REST STOP:**

**TURN RIGHT** out of the rest stop on to Babcock Road; **TURN RIGHT** onto US-40 [Harding Hwy]; **BEAR RIGHT** onto Route 40/322 and **TAKE JUGHANDLE** for CR-575 [Wrangleboro Rd] to enter Atlantic City Expy towards Philadelphia; **TAKE** Exit 31 – Rt. 73; **PROCEED** on Rt. 73 North for approximately 10 miles; **TURN RIGHT** onto Jackson Road; **TURN LEFT** onto Taunton; **TURN LEFT** onto Cooper Road. The Water Stop will be on your right.

### **FROM ATLANTIC CHRISTIAN SCHOOL REST STOP:**

**TURN RIGHT** out of the rest stop onto Zion Road; **TURN LEFT** onto Bargaintown Road; **PROCEED** on Bargaintown Road to enter the GARDEN STATE PARKWAY North to the Atlantic City Expressway towards Philadelphia; **TAKE** Exit 31 – Rt. 73; **PROCEED** on Rt. 73 North for approximately 10 miles; **TURN RIGHT** onto Jackson Road; **TURN LEFT** onto Taunton; **TURN LEFT** onto Cooper Road. The Water Stop will be on your right.

### **FROM OCEAN CITY:**

**TAKE** the 9<sup>th</sup> St bridge out of Ocean City and follow signs for the Garden State Parkway; **ENTER** the Garden State Parkway North; **TAKE** Exit 38 – AC Expressway (Phila/Camden); **TAKE** Exit 31 – Rt. 73; **PROCEED** on Rt. 73 North for approximately 10 miles; **TURN RIGHT** onto Jackson Road; **TURN LEFT** onto Taunton; **TURN LEFT** onto Cooper Road. The Water Stop will be on your right.

## WATERFORD ELEMENTARY SCHOOL REST STOP

### **FROM SOUTH PHILADELPHIA:**

**TAKE** the Walt Whitman Bridge to Route 42 South; **CONTINUE** onto Route 42 South to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 33; At the end of the off ramp, **TURN LEFT** onto Williamstown Rd; **CROSS** Rt. 73 as Williamstown Rd becomes Fleming Pike; **TURN LEFT** onto Hay St. which becomes Spring Garden Rd; **CONTINUE** on Spring Garden Rd and Rest Stop is located on your right, approximately 2 miles after you cross Rt. 30.

### **FROM NORTHEAST PHILADELPHIA:**

**TAKE** the Tacony Palmyra Bridge to 73 South; **TAKE** Route 73 South to Route 30 East (White Horse Pike); **TAKE** Route 30 East for approximately 8.5 miles and **TURN LEFT** onto Spring Garden Road/Rt 143; **REST STOP** is 2 miles on the right.

### **FROM SOUTHERN NEW JERSEY:**

**TAKE** Route 42 South to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 33; At the end of the off ramp, **TURN LEFT** onto Williamstown Rd; **CROSS** Rt. 73 as Williamstown Rd becomes Fleming Pike; **TURN LEFT** onto Hay St. which becomes Spring Garden Rd; **CONTINUE** on Spring Garden Rd and Rest Stop is located on your right, approximately 2 miles after you cross Rt. 30.

### **FROM NORTHERN NEW JERSEY:**

**TAKE** the New Jersey Turnpike South to Exit 4 (Mt. Laurel); **TAKE** Route 73 South to Route 30 East (White Horse Pike); **TAKE** Route 30 south/east (White Horse Pike) for approximately 8.5 miles and **TURN** left onto Spring Garden Road/Rt 143; **REST STOP** is 2 miles on the right.

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### **FROM 25 MILE START:**

**TURN RIGHT** out of the Start onto Denmead Ave.; **TURN RIGHT** onto Cologne Ave; **TURN LEFT** onto US-40 [Harding Hwy]; **BEAR RIGHT** onto Route 40/322 and **TAKE JUGHANDLE** for CR-575 [Wrangleboro Rd] to enter Atlantic City Expy towards Philadelphia; **TAKE** Exit 31 – Rt. 73; **PROCEED** on Rt. 73 North; **TURN RIGHT** onto Fleming Pike; **TURN LEFT** onto Hay St. which becomes Spring Garden Rd; **CONTINUE** on Spring Garden Rd and Rest Stop is located on your right, approximately 2 miles after you cross Rt. 30.

### **FROM 45 MILE START LINE:**

**TURN LEFT** onto Grand Ave out of the start; **TURN LEFT** onto 9th St become Lakeview Drive; **TURN LEFT** onto US-30 [White Horse Pike] and **PROCEED** for approximately 7 miles; **TURN RIGHT** onto Spring Garden Road/Rt. 143. Rest Stop is 2 miles on the right.

### **FROM PATCO:**

**EXIT** PATCO Parking Lot and **TAKE** Rt. 295 South; **TAKE** Exit 29 (Rt. 30); **TURN LEFT** at the bottom of the exit ramp onto Copley Road; **TURN LEFT** onto Rt. 30 East (White Horse Pike) towards Berlin; **CONTINUE** on Route 30 East for approx. 16 miles and **TURN LEFT** onto Spring Garden Road/Rt. 143; Rest Stop is 2 miles on the right.

CONT'D

## WATERFORD ELEMENTARY SCHOOL REST STOP CONT'D

### **FROM HAMMONTON REST/LUNCH STOP:**

**TURN RIGHT** out of the Rest Stop onto Park Ave; **TURN RIGHT** onto Central Ave.; **TURN LEFT** onto Rt. 30 West (White Horse Pike); **PROCEED** on Rt. 30 West for approx. 5 miles and **TURN RIGHT** onto Spring Garden Road/Rt. 143. Rest Stop is 2 miles on the right.

### **FROM EGG HARBOR CITY REST STOP:**

**TURN RIGHT** out of the Rest Stop onto Antwerp Ave and **PROCEED** on Grant Ave; **TURN RIGHT** onto Bremen Ave.; **TURN RIGHT** onto Rt. 30 West; **PROCEED** on Rt. 30 [White Horse Pike] for approximately 15 miles. **TURN RIGHT** onto Spring Garden Road/Rt. 143. Rest Stop is 2 miles on the right.

### **FROM BATSTO CENTURY REST STOP:**

**TURN RIGHT** out of the rest stop onto Nesco Road; **TURN RIGHT** onto US 30 West (White Horse Pike); **PROCEED** approximately 6 miles and **TURN RIGHT** onto Spring Garden Road/Rt. 143. Rest Stop is 2 miles on the right.

### **FROM HESS SCHOOL REST STOP:**

**TURN RIGHT** out of the rest stop on to Babcock Road; **TURN RIGHT** onto US-40 [Harding Hwy]; **BEAR RIGHT** onto Route 40/322 and **TAKE JUGHANDLE** for CR-575 [Wrangleboro Rd] to enter Atlantic City Expy towards Philadelphia; **TAKE** Exit 31 – Rt. 73; **PROCEED** on Rt. 73 North; **TURN RIGHT** onto Fleming Pike; **TURN LEFT** onto Hay St. which becomes Spring Garden Rd; **CONTINUE** on Spring Garden Rd and Rest Stop is located on your right, approximately 2 miles after you cross Rt. 30.

### **FROM ATLANTIC CHRISTIAN SCHOOL REST STOP:**

**TURN RIGHT** out of the rest stop onto Zion Road; **TURN LEFT** onto Bargaintown Road; **PROCEED** on Bargaintown Road to enter the GARDEN STATE PARKWAY North to the Atlantic City Expressway towards Philadelphia; **TAKE** Exit 31 – Rt. 73; **PROCEED** on Rt. 73 North; **TURN RIGHT** onto Fleming Pike; **TURN LEFT** onto Hay St. which becomes Spring Garden Rd; **CONTINUE** on Spring Garden Rd and Rest Stop is located on your right, approximately 2 miles after you cross Rt. 30.

### **FROM OCEAN CITY:**

**TAKE** the 9<sup>th</sup> St bridge out of Ocean City and follow signs for the Garden State Parkway; **ENTER** the Garden State Parkway North; **TAKE** Exit 38 – AC Expressway (Phila/Camden); **TAKE** Exit 31 – Rt. 73; **PROCEED** on Rt. 73 North; **TURN RIGHT** onto Fleming Pike; **TURN LEFT** onto Hay St. which becomes Spring Garden Rd; **CONTINUE** on Spring Garden Rd and Rest Stop is located on your right, approximately 2 miles after you cross Rt. 30.



## HAMMONTON LUNCH STOP

### **FROM NJ:**

**TAKE** Route 42 South to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 28 – Route 54. Keep left at the fork in the ramp. **TURN LEFT** onto Rt. 54 North. **TURN RIGHT** onto S. Egg Harbor Road. **TURN LEFT** onto Park Avenue. CAUTION-BIKERS, LUNCH STOP IS ON YOUR RIGHT.

### **FROM PA:**

**TAKE** the Walt Whitman Bridge to Route 42 toward Atlantic City; **CONTINUE** on Route 42 to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 28 – Route 54; Keep left at the fork in the ramp to **TURN LEFT** onto Rt. 54 North; **CONTINUE** on Rt. 54 and **TURN RIGHT** onto S. Egg Harbor Road. Turn Left onto Park Avenue. CAUTION-BIKERS, LUNCH STOP IS ON YOUR RIGHT.

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### **FROM 25 MILE START LINE:**

**TURN RIGHT** onto Denmead Ave; **TURN RIGHT** onto Cologne Ave; **TURN RIGHT** onto Rt. 40 West; **FOLLOW** Rt. 40 West through Mays Landing and **TURN RIGHT** onto Rt. 50 and **PROCEED** for approximately 2.8 miles; **ENTER** the Atlantic City Expy towards Philadelphia; **TAKE** Exit 28; **TURN RIGHT** onto SR-54; **CONTINUE** on Rt. 54 and **TURN RIGHT** onto S. Egg Harbor Road. **TURN LEFT** onto Park Avenue. CAUTION-BIKERS, LUNCH STOP IS ON YOUR RIGHT.

### **FROM 45 MILE START LINE:**

**TURN LEFT** onto South Grand Ave.; **TURN LEFT** onto 9th Street; **TURN LEFT** onto Rt. 561; **TURN RIGHT** onto Park Ave. CAUTION-BIKERS, LUNCH STOP IS ON YOUR RIGHT.

### **FROM PATCO:**

**TAKE** Rt. 295 South to Route 42. **PROCEED** on Route 42 toward Atlantic City; **CONTINUE** on Route 42 to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 28 – Route 54; Keep left at the fork in the ramp to **TURN LEFT** onto Rt. 54 North; **CONTINUE** on Rt. 54 and **TURN RIGHT** onto S. Egg Harbor Road. Turn Left onto Park Avenue. CAUTION-BIKERS, LUNCH STOP IS ON YOUR RIGHT.

### **FROM WATERFORD REST STOP:**

**TURN LEFT** out of the Rest Stop; **TURN LEFT** onto Rt. 30 East and go approximately 7 miles; **TURN RIGHT** onto Central Ave.; **TURN LEFT** onto Park Ave.; CAUTION-BIKERS, LUNCH STOP IS ON YOUR RIGHT.

CONT'D

## HAMMONTON LUNCH STOP CONT'D

### **FROM EGG HARBOR CITY REST STOP**

**TURN RIGHT** out of the rest stop onto Antwerp Ave. and follow onto Grant Ave; **TURN RIGHT** onto Bremen Ave; **TURN RIGHT** onto Rt. 30 and proceed on Rt. 30 for approximately 8 miles; At the fork in the road, **BEAR LEFT** onto South Egg Harbor Road; **CONTINUE** on S. Egg Harbor Road; **TURN RIGHT** onto Park Ave. CAUTION-BIKERS, LUNCH STOP IS ON YOUR RIGHT.

### **FROM BATSTO CENTURY REST STOP:**

**TURN RIGHT** out of the rest stop onto Nesco Road; **TURN RIGHT** onto US 30 West (White Horse Pike); **PROCEED** on Rt. 30 West; **TURN LEFT** onto Central Ave.; **TURN LEFT** onto Park Ave.; CAUTION-BIKERS, LUNCH STOP IS ON YOUR RIGHT.

### **FROM HESS SCHOOL REST STOP:**

**TURN RIGHT** out of the rest stop on to Babcock Road; **TURN RIGHT** onto US-40 [Harding Hwy]; **BEAR RIGHT** onto Route 40/322 and **TAKE JUGHANDLE** for CR-575 [Wrangleboro Rd] to enter Atlantic City Expy towards Philadelphia; **TAKE** the Atlantic City Expressway to Exit 28 – Route 54; **TAKE** Exit 28; **TURN RIGHT** onto SR-54; **CONTINUE** on Rt. 54 and **TURN RIGHT** onto S. Egg Harbor Road. **TURN LEFT** onto Park Avenue. CAUTION-BIKERS, LUNCH STOP IS ON YOUR RIGHT.

### **FROM ATLANTIC CHRISTIAN SCHOOL REST STOP:**

**TURN RIGHT** out of the rest stop onto Zion Road; **TURN LEFT** onto Bargaintown Road; **PROCEED** on Bargaintown Road to enter the GARDEN STATE PARKWAY North to the Atlantic City Expressway towards Philadelphia; **TAKE** Exit 28; **TURN RIGHT** onto SR-54; **CONTINUE** on Rt. 54 and **TURN RIGHT** onto S. Egg Harbor Road. **TURN LEFT** onto Park Avenue. CAUTION-BIKERS, LUNCH STOP IS ON YOUR RIGHT.

### **FROM OCEAN CITY:**

**TAKE** the 9<sup>th</sup> Street Bridge out of Ocean City and **FOLLOW SIGNS** for the Garden State Parkway; **TAKE** the Garden State Parkway North to the Atlantic City Expressway towards Philadelphia; **TAKE** Exit 28; **TURN RIGHT** onto SR-54; **CONTINUE** on Rt. 54 and **TURN RIGHT** onto S. Egg Harbor Road. **TURN LEFT** onto Park Avenue. CAUTION-BIKERS, LUNCH STOP IS ON YOUR RIGHT.

## EGG HARBOR CITY REST STOP

### **FROM NJ:**

**TAKE** Route 42 South to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 17; **TURN LEFT** onto SR-50; **CONTINUE** on route 50 which turns into Philadelphia Avenue; **TURN RIGHT** onto Moss Mill Road; **TURN RIGHT** onto Antwerp Ave.; The Rest Stop is on your right (Marty Wilson Blvd.).

### **FROM PA:**

**TAKE** the Walt Whitman Bridge to Route 42 toward Atlantic City; **CONTINUE** on Route 42 to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 17; **TURN LEFT** onto SR-50; **CONTINUE** on route 50 which turns into Philadelphia Avenue; **TURN RIGHT** onto Moss Mill Road; **TURN RIGHT** onto Antwerp Ave.; The Rest Stop is on your right (Marty Wilson Blvd.).

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### **FROM 25 MILE START LINE:**

**TURN RIGHT** onto Denmead Ave; **TURN RIGHT** onto Cologne Ave; **TURN RIGHT** onto Rt. 40 West; **FOLLOW** Rt. 40 West through Mays Landing and **TURN RIGHT** onto Rt. 50; **CONTINUE** on route 50 which turns into Philadelphia Avenue; **TURN RIGHT** onto Moss Mill Road; **TURN RIGHT** onto Antwerp Ave.; The Rest Stop is on your right (Marty Wilson Blvd.).

### **FROM 45 MILE START LINE:**

**TURN LEFT** onto Grand Ave out of the start; **TURN LEFT** onto 9th St become Lakeview Drive; **TURN RIGHT** onto US-30 [White Horse Pike]; **TURN LEFT** onto SR-50; **CONTINUE** on route 50 which turns into Philadelphia Avenue; **TURN RIGHT** onto Moss Mill Road; **TURN RIGHT** onto Antwerp Ave.; The Rest Stop is on your right (Marty Wilson Blvd.).

### **FROM PATCO:**

**TAKE** Rt. 295 South to Route 42. **PROCEED** on Route 42 toward Atlantic City; **CONTINUE** on Route 42 to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 17; **TURN LEFT** onto SR-50; **CONTINUE** on route 50 which turns into Philadelphia Avenue; **TURN RIGHT** onto Moss Mill Road; **TURN RIGHT** onto Antwerp Ave.; The Rest Stop is on your right (Marty Wilson Blvd.).

### **FROM WATERFORD ELEMENTARY REST STOP:**

**TURN LEFT** out of the Rest Stop; **TURN LEFT** onto Rt. 30 East; **TURN LEFT** onto SR-50; **CONTINUE** on route 50 which turns into Philadelphia Avenue; **TURN RIGHT** onto Moss Mill Road; **TURN RIGHT** onto Antwerp Ave.; The Rest Stop is on your right (Marty Wilson Blvd.).

CONT'D

## EGG HARBOR CITY REST STOP CONT'D

### **FROM HAMMONTON LUNCH/REST STOP:**

**TURN RIGHT** out of the Rest Stop onto Park Ave; **TURN RIGHT** onto Central Ave.; **TURN RIGHT** onto Rt. 30 East (White Horse Pike); **TURN LEFT** onto SR-50; **CONTINUE** on route 50 which turns into Philadelphia Avenue; **TURN RIGHT** onto Moss Mill Road; **TURN RIGHT** onto Antwerp Ave.; The Rest Stop is on your right (Marty Wilson Blvd.).

### **FROM BATSTO CENTURY REST STOP:**

**GO STRAIGHT** out of Rest Stop onto Pleasant Mill Road/Rt. 623 South; **TURN RIGHT** onto Elwood Road; **PROCEED** approximately 4.5 miles and **TURN LEFT** onto Moss Mill Road; **PROCEED** approximately 7 miles and **TURN RIGHT** onto Antwerp Avenue. The Rest Stop is on your right (Marty Wilson Blvd.).

### **FROM HESS SCHOOL REST STOP:**

**TURN RIGHT** out of the rest stop on to Babcock Road; **TURN LEFT** onto US-40 [Harding Hwy]; **PROCEED** on US-40 through Mays Landing and **TURN RIGHT** onto SR-50; **CONTINUE** on route 50 which turns into Philadelphia Avenue; **TURN RIGHT** onto Moss Mill Road; **TURN RIGHT** onto Antwerp Ave.; The Rest Stop is on your right (Marty Wilson Blvd.).

### **FROM ATLANTIC CHRISTIAN SCHOOL REST STOP:**

**TURN LEFT** out of the Rest Stop onto Zion Road; **TURN RIGHT** onto CR-575/English Creek Ave.; **TURN LEFT** onto US-40/US-322; **PROCEED** on US-322 West through the Township of Hamilton and follow signs for SR-50/Garden State Parkway; **TURN RIGHT** onto SR-50 which turns into Philadelphia Avenue; **TURN RIGHT** onto Moss Mill Road; **TURN RIGHT** onto Antwerp Ave.; The Rest Stop is on your right (Marty Wilson Blvd.).

### **FROM OCEAN CITY:**

**TAKE** the 9<sup>th</sup> St bridge out of Ocean City and follow signs for the Garden State Parkway; **TAKE** the Garden State Parkway North to Exit 38 – AC Expressway (towards Phila/Camden); **EXIT** Atlantic City Expressway at Exit 9; **TURN RIGHT** on Delilah Road; **TAKE** traffic circle to 4<sup>th</sup> Exit (Tilton Road); **TURN LEFT** onto White Horse Pike (Rt. 30 West); **GO** approx. 2 miles and **TURN RIGHT** onto Bremen Avenue; **TURN LEFT** onto Grant Avenue; Grant Becomes Antwerp Road. The Rest Stop is on your left (Marty Wilson Blvd.).

## BATSTO CENTURY REST STOP – SATURDAY ONLY

### **FROM NJ:**

**TAKE** Route 42 South to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 28 – Route 54. Keep left at the fork in the ramp to **TURN LEFT** onto Rt. 54 North; **CONTINUE** on Rt. 54 and **TURN RIGHT** onto Central Ave; **TURN RIGHT** onto US-30 East and **TURN LEFT IMMEDIATELY** onto Pleasant Mills Road. The Rest Stop will be on your left in approx. 2.2 miles.

### **FROM PA:**

**TAKE** the Walt Whitman Bridge to Route 42 toward Atlantic City; **CONTINUE** on Route 42 to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 28 – Route 54; Keep left at the fork in the ramp to **TURN LEFT** onto Rt. 54 North; **CONTINUE** on Rt. 54 and **TURN RIGHT** onto Central Ave; **TURN RIGHT** onto US-30 East and **TURN LEFT IMMEDIATELY** onto Pleasant Mills Road (becomes Nesco Road). Follow Pleasant Mills/Nesco Road for approx. 6.2 miles. The Rest Stop will be on your left.

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### **FROM 25 MILE START LINE:**

**TURN RIGHT** onto Denmead Ave; **TURN RIGHT** onto Cologne Ave; **TURN RIGHT** onto Rt. 40 West; **FOLLOW** Rt. 40 West through Mays Landing and **TURN RIGHT** onto Rt. 50 and **PROCEED** for approximately 2.8 miles; **ENTER** the Atlantic City Expy towards Philadelphia; **TAKE** Exit 28; **TURN RIGHT** onto SR-54; **CONTINUE** on Rt. 54 and **TURN RIGHT** onto Central Ave; **TURN RIGHT** onto US-30 East and **TURN LEFT IMMEDIATELY** onto Pleasant Mills Road (becomes Nesco Road). Follow Pleasant Mills/Nesco Road for approx. 6.2 miles. The Rest Stop will be on your left.

### **FROM 45 MILE START LINE:**

**TURN LEFT** onto South Grand Ave.; **TURN LEFT** onto 9th Street; **CONTINUE** onto Lakeview Dr.; **TURN LEFT** onto Rt. 30 West and **IMMEDIATELY TURN RIGHT** onto Pleasant Mills Road (becomes Nesco Road). Follow Pleasant Mills/Nesco Road for approx. 6.2 miles. The Rest Stop will be on your left.

### **FROM PATCO:**

**TAKE** Rt. 295 South to Route 42. **PROCEED** on Route 42 toward Atlantic City; **CONTINUE** on Route 42 to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 28 – Route 54; Keep left at the fork in the ramp to **TURN LEFT** onto Rt. 54 North; **CONTINUE** on Rt. 54 and **TURN RIGHT** onto Central Ave; **TURN RIGHT** onto US-30 East and **TURN LEFT IMMEDIATELY** onto Pleasant Mills Road (becomes Nesco Road). Follow Pleasant Mills/Nesco Road for approx. 6.2 miles. The Rest Stop will be on your left.

CONT'D

## BATSTO CENTURY REST STOP CONT'D

### **FROM WATERFORD REST STOP:**

**TURN LEFT** out of the Rest Stop; **TURN LEFT** onto Rt. 30 East and go approximately 7 miles; **TURN LEFT** onto Pleasant Mills Road (becomes Nesco Road). Follow Pleasant Mills/Nesco Road for approx. 6.2 miles. The Rest Stop will be on your left.

### **FROM HAMMONTON LUNCH/REST STOP:**

**TURN RIGHT** out of the rest stop onto Park Ave.; **TURN RIGHT** onto Central Ave; **TURN RIGHT** onto US-30 East and **TURN LEFT IMMEDIATELY** onto Pleasant Mills Road (becomes Nesco Road). Follow Pleasant Mills/Nesco Road for approx. 6.2 miles. The Rest Stop will be on your left.

### **FROM EGG HARBOR CITY REST STOP:**

**TURN RIGHT** out of the rest stop onto Antwerp Ave. and follow onto Grant Ave; **TURN RIGHT** onto Bremen Ave; **TURN RIGHT** onto Rt. 30 and proceed for approximately 11 miles; **TURN RIGHT** onto Pleasant Mills Road (becomes Nesco Road). Follow Pleasant Mills/Nesco Road for approx. 6.2 miles. The Rest Stop will be on your left.

### **FROM HESS SCHOOL REST STOP:**

**TURN RIGHT** out of the rest stop on to Babcock Road; **TURN RIGHT** onto US-40 [Harding Hwy]; **BEAR RIGHT** onto Route 40/322 and **TAKE JUGHANDLE** for CR-575 [Wrangleboro Rd] to enter Atlantic City Expy towards Philadelphia; **TAKE** the Atlantic City Expressway to Exit 28 – Route 54; **TAKE** Exit 28; **TURN RIGHT** onto SR-54; **CONTINUE** on Rt. 54 and **TURN RIGHT** onto Central Ave; **TURN RIGHT** onto US-30 East and **TURN LEFT IMMEDIATELY** onto Pleasant Mills Road (becomes Nesco Road). Follow Pleasant Mills/Nesco Road for approx. 6.2 miles. The Rest Stop will be on your left.

### **FROM ATLANTIC CHRISTIAN SCHOOL REST STOP:**

**TURN RIGHT** out of the rest stop onto Zion Road; **TURN LEFT** onto Bargaintown Road; **PROCEED** on Bargaintown Road to enter the GARDEN STATE PARKWAY North to the Atlantic City Expressway towards Philadelphia; **TAKE** Exit 28; **TURN RIGHT** onto SR-54; **CONTINUE** on Rt. 54 and **TURN RIGHT** onto Central Ave; **TURN RIGHT** onto US-30 East and **TURN LEFT IMMEDIATELY** onto Pleasant Mills Road (becomes Nesco Road). Follow Pleasant Mills/Nesco Road for approx. 6.2 miles. The Rest Stop will be on your left.

### **FROM OCEAN CITY:**

**TAKE** the 9<sup>th</sup> Street Bridge out of Ocean City and **FOLLOW SIGNS** for the Garden State Parkway; **TAKE** the Garden State Parkway North to the Atlantic City Expressway towards Philadelphia; **TAKE** Exit 28; **TURN RIGHT** onto SR-54; **CONTINUE** on Rt. 54 and **TURN RIGHT** onto Central Ave; **TURN RIGHT** onto US-30 East and **TURN LEFT IMMEDIATELY** onto Pleasant Mills Road (becomes Nesco Road). Follow Pleasant Mills/Nesco Road for approx. 6.2 miles. The Rest Stop will be on your left.

## HESS SCHOOL REST STOP

### **FROM NJ:**

**TAKE** Route 42 South to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 12; at the end of the off ramp, **TURN RIGHT** onto Wrangleboro Road; **TURN RIGHT** onto Rt. 40 and **FOLLOW SIGNS TO CONTINUE ON RT. 40 WEST**; **PROCEED** on Rt. 40; **TURN LEFT** onto Babcock Road; The Rest Stop will be on your left.

### **FROM PA:**

**TAKE** the Walt Whitman Bridge to Route 42 toward Atlantic City; **CONTINUE** on Route 42 to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 12; at the end of the off ramp, **TURN RIGHT** onto Wrangleboro Road; **TURN RIGHT** onto Rt. 40 and **FOLLOW SIGNS TO CONTINUE ON RT. 40 WEST**; **PROCEED** on Rt. 40; **TURN LEFT** onto Babcock Road; The Rest Stop will be on your left.

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### **FROM 25 MILE START LINE:**

**TURN LEFT** onto Dr. Dennis Forman Drive; **TURN LEFT** onto Route 40 (West); **TURN RIGHT** onto Babcock Road; The Rest Stop will be on your left.

### **FROM HAMMONTON 45 MILE START:**

**TURN LEFT** onto S. Grand Ave; **TURN RIGHT** onto 9th St; **TURN LEFT** onto S. 1st Rd (The name of the street, not the first road that you come to.); **TURN RIGHT** onto 8th St. and proceed for about 3.5 miles. **TURN LEFT** onto US-322 [E Black Horse Pike]; **PROCEED** for about 12 miles; **TURN RIGHT** onto Cologne Ave; **TURN RIGHT** onto Rt 40 and **IMMEDIATLEY TURN LEFT** onto Babcock Road; The Rest Stop will be on your left

### **FROM PATCO:**

**TAKE** Rt. 295 South to Route 42. **PROCEED** on Route 42 toward Atlantic City; **CONTINUE** on Route 42 to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 12; at the end of the off ramp, **TURN RIGHT** onto Wrangleboro Road; **TURN RIGHT** onto Rt. 40 and **FOLLOW SIGNS TO CONTINUE ON RT. 40 WEST**; **PROCEED** on Rt. 40; **TURN LEFT** onto Babcock Road; The Rest Stop will be on your left.

### **FROM WATERFORD ELEMENTARY REST STOP:**

**TURN LEFT** out of the rest stop; **TURN LEFT** onto US-30 East and **PROCEED** for approximately 16 miles; **TURN RIGHT** onto SR-50 [Philadelphia Ave] and **PROCEED** for 5 miles; **TURN LEFT** onto US-322 [E Black Horse Pike]; **PROCEED** for about 12 miles; **TURN RIGHT** onto Cologne Ave; **TURN RIGHT** onto Rt 40 and **IMMEDIATLEY TURN LEFT** onto Babcock Road; The Rest Stop will be on your left.

CONT'D

## HESS SCHOOL REST STOP CONT'D

### **FROM HAMMONTON LUNCH AREA/REST STOP**

**TURN RIGHT** out of the Lunch Stop onto Park Ave; **TURN RIGHT** onto Central Ave; **TURN RIGHT** onto Rt. 30 East; **TURN RIGHT** onto SR-50 [Philadelphia Ave] and **PROCEED** for 5 miles; **TURN LEFT** onto US-322 [E Black Horse Pike]; **PROCEED** for about 12 miles; **TURN RIGHT** onto Cologne Ave; **TURN RIGHT** onto Rt 40 and **IMMEDIATELY TURN LEFT** onto Babcock Road; The Rest Stop will be on your left.

### **FROM EGG HARBOR CITY REST STOP:**

**TURN RIGHT** out of the Rest Stop onto Antwerp Ave. and **PROCEED** onto Grant Ave.; **TURN RIGHT** onto Bremen Ave; **TURN RIGHT** onto Rt. 30 West; **TURN LEFT** onto SR-50 [Philadelphia Ave] and **PROCEED** for 5 miles; **TURN LEFT** onto US-322 [E Black Horse Pike]; **PROCEED** for about 12 miles; **TURN RIGHT** onto Cologne Ave; **TURN RIGHT** onto Rt 40 and **IMMEDIATELY TURN LEFT** onto Babcock Road; The Rest Stop will be on your left..

### **FROM BATSTO CENTURY REST STOP:**

**GO STRAIGHT** out of the Rest Stop onto Pleasant Mills-Weekstown Road; **TURN RIGHT** onto Elwood Road; **TURN LEFT** onto Rt. 30 East; **TURN RIGHT** onto SR-50 [Philadelphia Ave] and **PROCEED** for 5 miles; **TURN LEFT** onto US-40 **PROCEED** for about 10 miles; **TURN RIGHT** onto Somers Point Road/Rt 559A; **TURN LEFT** onto Babcock Road. The Rest Stop will be on your right.

### **FROM ATLANTIC CHRISTIAN SCHOOL REST STOP:**

**TURN RIGHT** out of the Rest Stop onto Zion Road; **TURN LEFT** onto Ocean Heights Ave/Rt. 559A; **PROCEED** approximately 6.4 miles and **TURN RIGHT** onto Mays Landing-Somers Pt. Road/Rt. 559; **TURN RIGHT** onto Babcock Road. The Rest Stop will be on your right.

### **FROM OCEAN CITY:**

**TAKE** the 9<sup>th</sup> Street Bridge out of Ocean City; **PROCEED** around the first traffic circle to continue out of Ocean City; **TURN RIGHT** onto Rt. 9; **TURN LEFT** onto Ocean Height Ave; **TURN RIGHT** onto Rt. 559/Mays Landing-Somers Point Road; **TURN RIGHT** onto Babcock Road. The Rest Stop will be on your right.



## ATLANTIC CHRISTIAN SCHOOL REST STOP – SATURDAY ONLY

### **FROM PHILADELPHIA:**

**TAKE** the Walt Whitman Bridge to Route 42 toward Atlantic City; **CONTINUE** on Route 42 to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 12E; **TURN RIGHT** onto Wrangleboro Rd; **TAKE US-40/US-322] East;** **TURN RIGHT** onto CR-575/English Creek Ave.; **TURN LEFT** onto Ocean Heights Ave.; **TURN RIGHT** onto Zion Road. The Rest Stop will be on your left.

### **FROM SOUTH WESTERN NEW JERSEY:**

**FOLLOW** Rt. 42 South to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 12E; **TURN RIGHT** onto Wrangleboro Rd; **TAKE US-40/US-322] East;** **TURN RIGHT** onto CR-575/English Creek Ave.; **TURN LEFT** onto Ocean Heights Ave.; **TURN RIGHT** onto Zion Road. The Rest Stop will be on your left.

### **FROM CENTRAL AND NORTHERN NEW JERSEY:**

**TAKE** the Garden State Pkwy South to Exit 36; At the bottom of the off ramp; **MERGE** onto CR-563; **TURN RIGHT** onto Fire Road to continue on CR-651; **TURN RIGHT** onto Zion Road; The Rest Stop will be about 3 miles on your left.

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### **FROM 25 MILE START LINE:**

**TURN RIGHT** onto Denmead Ave; **TURN RIGHT** onto Cologne Ave; **TURN LEFT** onto Rt. 40 East; **FOLLOW** Rt. 40 East and **MERGE** with US-322 East; **PROCEED** on US-322 East; **TURN RIGHT** onto CR-575/English Creek Ave.; **TURN LEFT** onto Ocean Heights Ave.; **TURN RIGHT** onto Zion Road. The Rest Stop will be on your left.

### **FROM HAMMONTON 45 MILE START LINE:**

**TURN LEFT** onto S. Grand Ave; **TURN RIGHT** onto 9th St; **TURN LEFT** onto S. 1st Rd (The name of the street, not the first road that you come to.); **TURN RIGHT** onto 8th St. and proceed for about 3.5 miles. **TURN LEFT** onto US-322 [E Black Horse Pike]; **PROCEED** on US-322 East for about 15 miles; **TURN RIGHT** onto CR-575/English Creek Ave.; **TURN LEFT** onto Ocean Heights Ave.; **TURN RIGHT** onto Zion Road. The Rest Stop will be on your left.

### **FROM PATCO:**

**TAKE** Rt. 295 South to Route 42. **PROCEED** on Route 42 toward Atlantic City via the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 12E; **TURN RIGHT** onto Wrangleboro Rd; **TAKE US-40/US-322] East;** **TURN RIGHT** onto CR-575/English Creek Ave.; **TURN LEFT** onto Ocean Heights Ave.; **TURN RIGHT** onto Zion Road. The Rest Stop will be on your left.

CONT'D

## ATLANTIC CHRISTIAN SCHOOL REST STOP CONT'D

### **FROM WATERFORD ELEMENTARY REST STOP:**

**TURN LEFT** out of the rest stop; **TURN LEFT** onto US-30 East and **PROCEED** for approximately 16 miles; **TURN RIGHT** onto SR-50 [Philadelphia Ave] and **PROCEED** for 5 miles; **TURN LEFT** onto US-322 [E Black Horse Pike]; **PROCEED** on US-322 East for about 6 miles; **TURN RIGHT** onto CR-575/English Creek Ave.; **TURN LEFT** onto Ocean Heights Ave.; **TURN RIGHT** onto Zion Road. The Rest Stop will be on your left.

### **FROM HAMMONTON REST AREA/LUNCH STOP:**

**TURN RIGHT** out of the Lunch Stop onto Park Ave; **TURN RIGHT** onto Central Ave; **TURN RIGHT** onto Rt. 30 East; **TURN RIGHT** onto SR-50 [Philadelphia Ave] and **PROCEED** for 5 miles; **TURN LEFT** onto US-322 [E Black Horse Pike]; **PROCEED** on US-322 East for about 6 miles; **TURN RIGHT** onto CR-575/English Creek Ave.; **TURN LEFT** onto Ocean Heights Ave.; **TURN RIGHT** onto Zion Road. The Rest Stop will be on your left.

### **FROM EGG HARBOR CITY REST STOP:**

**TURN RIGHT** out of the Rest Stop onto Antwerp Ave. and **PROCEED** onto Grant Ave.; **TURN RIGHT** onto Bremen Ave; **TURN RIGHT** onto Rt. 30 West; **TURN LEFT** onto SR-50 [Philadelphia Ave] and **PROCEED** for 5 miles; **TURN LEFT** onto US-322 [E Black Horse Pike]; **PROCEED** on US-322 East for about 6 miles; **TURN RIGHT** onto CR-575/English Creek Ave.; **TURN LEFT** onto Ocean Heights Ave.; **TURN RIGHT** onto Zion Road. The Rest Stop will be on your left.

### **FROM BATSTO CENTURY REST STOP:**

**TURN LEFT** out of the Rest Stop onto Nesco Road; **CONTINUE** on CR-542; **TURN RIGHT** onto US-9 and **MERGE** onto the Garden State Parkway South to Exit 36; **BEAR RIGHT** onto Tilton Road; **TURN RIGHT** onto Fire Road/CR-615; **CONTINUE** on CR-615; **TURN RIGHT** onto Zion Road. The Rest Stop will be on your left.

### **FROM HESS SCHOOL REST STOP:**

**TURN RIGHT** out of the Rest Stop onto Babcock Road; **TURN RIGHT** onto Rt. 40 and **MERGE** with US-322 East; **PROCEED** on US-322 East; **TURN RIGHT** onto CR-575/English Creek Ave.; **TURN LEFT** onto Ocean Heights Ave.; **TURN RIGHT** onto Zion Road. The Rest Stop will be on your left.

### **FROM OCEAN CITY:**

**TAKE** the 9<sup>th</sup> Street Bridge out of Ocean City; **PROCEED** around the first traffic circle to continue out of Ocean City; **TURN RIGHT** onto Rt. 9; **TURN LEFT** onto Ocean Height Ave; **TURN LEFT** onto Zion Road. The Rest Stop will be on your left.

## OCEAN CITY FINISH LINE

### **FROM SOUTH PHILADELPHIA**

**TAKE** the Walt Whitman Bridge to Route 42 toward Atlantic City; **CONTINUE** on Route 42 to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 7-S for the Garden State Parkway South (approx. 30 minutes). Take the first Ocean City exit (Somers Point/Downtown Ocean City) Follow signs to Ocean City at the circle and continue over the 9<sup>th</sup> street bridge. Once in Ocean City turn left onto Asbury Ave. The volunteer parking lot is located at 5<sup>th</sup> and Asbury.

### **FROM NORTHEAST PHILADELPHIA**

**TAKE** the Tacony Palmyra Bridge to 73 South; **TAKE** Route 73 South to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 7-S for the Garden State Parkway South (approx. 30 minutes). Take the first Ocean City exit (Somers Point/Downtown Ocean City) Follow signs to Ocean City at the circle and continue over the 9<sup>th</sup> street bridge. Once in Ocean City turn left onto Asbury Ave. The volunteer parking lot is located at 5<sup>th</sup> and Asbury

### **FROM SOUTHERN JERSEY**

**TAKE** Route 73 South to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 7-S for the Garden State Parkway South (approx. 30 minutes). Take the first Ocean City exit (Somers Point/Downtown Ocean City) Follow signs to Ocean City at the circle and continue over the 9<sup>th</sup> street bridge. Once in Ocean City turn left onto Asbury Ave. The volunteer parking lot is located at 5<sup>th</sup> and Asbury.

### **FROM NORTHERN JERSEY**

**TAKE** the New Jersey Turnpike South to Exit 4 (Mt. Laurel); **STAY** left onto Route 73 South, **TAKE** Route 73 South to the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 7-S for the Garden State Parkway South (approx. 30 minutes). Take the first Ocean City exit (Somers Point/Downtown Ocean City) Follow signs to Ocean City at the circle and continue over the 9<sup>th</sup> street bridge. Once in Ocean City turn left onto Asbury Ave. The volunteer parking lot is located at 5<sup>th</sup> and Asbury.

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### **FROM 25 MILE START LINE:**

**TURN RIGHT** onto Denmead Ave; **TURN RIGHT** onto Cologne Ave; **TURN LEFT** onto Rt. 40 East; **FOLLOW** Rt. 40 East and **MERGE** with US-322 East; **PROCEED** on US-322 East to the Garden State Parkway; **TAKE** the Garden State Parkway South. Take the first Ocean City exit (Somers Point/Downtown Ocean City) Follow signs to Ocean City at the circle and continue over the 9<sup>th</sup> street bridge. Once in Ocean City turn left onto Asbury Ave. The volunteer parking lot is located at 5<sup>th</sup> and Asbury.

CONT'D

**FROM 45 MILE START LINE:**

**TURN LEFT** onto S. Grand Ave; **TURN RIGHT** onto 9th St; **TURN LEFT** onto S. 1st Rd (The name of the street, not the first road that you come to.); **TURN RIGHT** onto 8th St. and proceed for about 3.5 miles. **TURN LEFT** onto US-322 [E Black Horse Pike]; **PROCEED** on US-322 East to the Garden State Parkway; **TAKE** the Garden State Parkway South. Take the first Ocean City exit (Somers Point/Downtown Ocean City) Follow signs to Ocean City at the circle and continue over the 9<sup>th</sup> street bridge. Once in Ocean City turn left onto Asbury Ave. The volunteer parking lot is located at 5<sup>th</sup> and Asbury.

**FROM PATCO:**

**TAKE** Rt. 295 South to Route 42. **PROCEED** on Route 42 toward Atlantic City via the Atlantic City Expressway; **TAKE** the Atlantic City Expressway to Exit 7-S for the Garden State Parkway South (approx. 30 minutes). Take the first Ocean City exit (Somers Point/Downtown Ocean City) Follow signs to Ocean City at the circle and continue over the 9<sup>th</sup> street bridge. Once in Ocean City turn left onto Asbury Ave. The volunteer parking lot is located at 5<sup>th</sup> and Asbury.

**FROM WATERFORD ELEMENTARY REST STOP:**

**TURN LEFT** out of the rest stop; **TURN LEFT** onto US-30 East and **PROCEED** for approximately 16 miles; **TURN RIGHT** onto SR-50 [Philadelphia Ave] and **PROCEED** for 5 miles; **TURN LEFT** onto US-322 [E Black Horse Pike]; **PROCEED** on US-322 East to the Garden State Parkway; **TAKE** the Garden State Parkway South. Take the first Ocean City exit (Somers Point/Downtown Ocean City) Follow signs to Ocean City at the circle and continue over the 9<sup>th</sup> street bridge. Once in Ocean City turn left onto Asbury Ave. The volunteer parking lot is located at 5<sup>th</sup> and Asbury.

**FROM HAMMONTON REST AREA/LUNCH STOP:**

**TURN RIGHT** out of the Lunch Stop onto Park Ave; **TURN RIGHT** onto Central Ave; **TURN RIGHT** onto Rt. 30 East; **TURN RIGHT** onto SR-50 [Philadelphia Ave] and **PROCEED** for 5 miles; **TURN LEFT** onto US-322 [E Black Horse Pike]; **PROCEED** on US-322 East to the Garden State Parkway; **TAKE** the Garden State Parkway South. Take the first Ocean City exit (Somers Point/Downtown Ocean City) Follow signs to Ocean City at the circle and continue over the 9<sup>th</sup> street bridge. Once in Ocean City turn left onto Asbury Ave. The volunteer parking lot is located at 5<sup>th</sup> and Asbury.

**FROM EGG HARBOR CITY REST STOP:**

**TURN RIGHT** out of the Rest Stop onto Antwerp Ave. and **PROCEED** onto Grant Ave.; **TURN RIGHT** onto Bremen Ave; **TURN RIGHT** onto Rt. 30 West; **TURN LEFT** onto SR-50 [Philadelphia Ave] and **PROCEED** for 5 miles; **TURN LEFT** onto US-322 [E Black Horse Pike]; **PROCEED** on US-322 East to the Garden State Parkway; **TAKE** the Garden State Parkway South. Take the first Ocean City exit (Somers Point/Downtown Ocean City) Follow signs to Ocean City at the circle and continue over the 9<sup>th</sup> street bridge. Once in Ocean City turn left onto Asbury Ave. The volunteer parking lot is located at 5<sup>th</sup> and Asbury.

CONT'D

OCEAN CITY FINISH LINE – PAGE 3

**FROM BATSTO CENTURY REST STOP:**

**TURN LEFT** out of the Rest Stop onto Nesco Road; **CONTINUE** on CR-542; **TURN RIGHT** onto US-9 and **MERGE** onto the Garden State Parkway South; Take the first Ocean City exit (Somers Point/Downtown Ocean City) Follow signs to Ocean City at the circle and continue over the 9<sup>th</sup> street bridge. Once in Ocean City turn left onto Asbury Ave. The volunteer parking lot is located at 5<sup>th</sup> and Asbury.

**FROM HESS SCHOOL REST STOP:**

**TURN RIGHT** out of the Rest Stop onto Babcock Road; **TURN RIGHT** onto Rt. 40 and **MERGE** with US-322 East; **PROCEED** on US-322 East to the Garden State Parkway; **TAKE** the Garden State Parkway South. Take the first Ocean City exit (Somers Point/Downtown Ocean City) Follow signs to Ocean City at the circle and continue over the 9<sup>th</sup> street bridge. Once in Ocean City turn left onto Asbury Ave. The volunteer parking lot is located at 5<sup>th</sup> and Asbury.

**FROM ATLANTIC CHRISTIAN SCHOOL REST STOP:**

**TURN RIGHT** out of the Rest Stop onto Zion Road; **TURN RIGHT** onto Ocean Heights Ave/Rt. 559A; **PROCEED** approximately 2.5 miles and **TURN RIGHT** onto New Road; **TURN LEFT** onto MacArthur Blvd; **PROCEED** to circle and follow signs to Ocean City and continue over the 9<sup>th</sup> street bridge. Once in Ocean City turn left onto Asbury Ave. The volunteer parking lot is located at 5<sup>th</sup> and Asbury.