

# WEAR IT PROUDLY

bike

~~MS~~  
MS®

City to Shore  
Ride 2012

## I'm Riding For...

Everybody has a reason for participating in City to Shore, whether they have a personal connection to MS or if it's just for the thrill. Ultimately by riding, you are showing your support for the thousands of people affected by MS.

In addition to promoting awareness, the orange ribbon attached serves as a reminder of why we ride. You can pin it to your jersey or your rider number, or attach it to your bike, either way you are showing your support. **Proudly wear this ribbon City to Shore weekend and show your support in creating a world free of MS.**

If you are riding for someone in particular, have them sign your ribbon or write their name on it, and share your reason for riding with us at **[nationalMSSociety.org/bikeMSchampions](http://nationalMSSociety.org/bikeMSchampions)**.

Even if you may not have a personal connection to MS currently, you *are* riding for someone by participating in City to Shore. Flip this card over and read how your fundraising dollars are making a difference in the lives of people living with MS in our area.

[MSCYCLING.ORG](http://MSCYCLING.ORG) /// 1-800-548-4611

# Thank you for riding!



**Jeremy Bolla**

**Age: 35**

**State: Pennsylvania**

**Year Diagnosed: 2010**

Before his diagnosis, Jeremy worked in the restaurant industry for many years, but due to the tingling in his legs and loss of balance as a result of his MS, Jeremy was no longer able to work. Without money coming in, Jeremy struggled paying for necessities and needed help managing daily living expenses. Through our chapter, Jeremy was recently awarded financial assistance to aid in rent, food cards and air conditioning, which is especially important during the summer to people with MS to avoid flare ups.

Jeremy learned about our chapter at an event for the newly diagnosed and soon began volunteering in the office and at special events. It is because of the fundraising dollars you raise that Jeremy's life has become enjoyable again.

**How your dollars  
make a difference**

**\$500**

**\$500** provides financial assistance for families living with MS to help with basic needs including food, rent, mortgage or utilities.

# Thank you for riding!



## Christina Aivazoglou

Age: 36

State: New Jersey

Year Diagnosed: 2006

A mother of a 4-year-old daughter, Christina came to the chapter in 2010, when she reported falling at least once a week due to balance problems and had trouble speaking. She struggled with getting around her house to complete daily tasks such as laundry, cooking dinner and reading to her daughter. Living with her husband and parents provided a great support system, but she wanted to be able to do things on her own.

Christina was awarded a chapter scholarship to receive multidisciplinary therapy services at Total Rehab and Fitness (TRF). Since starting her therapy routines, Christina's balance is much steadier and reports falling only once a year. Her memory, speech, endurance and use of her moveable arm have also increased greatly allowing her to live more independently and keep up with her little girl. In addition, she now participates at Walk MS with Team TRF and wears many hats with the chapter as volunteer, advocate and fundraiser.

**How your dollars  
make a difference**

**\$1,261**

**\$1,261.51** funds specialized physical therapy services.

# Thank you for riding!



## Paul Maugeri

Age: 57

State: Pennsylvania

Year Diagnosed: 1980

Paul has been living with MS for 32 years. He recently had to leave the work force due to the progression of his MS. This proved to be a struggle because he could no longer afford modifications to his home that would make it more wheelchair-accessible, specifically his bathroom. Paul was recently awarded a HomeABLE™ grant to install a roll-in-shower, accessible sink and a 21" ADA compliant toilet. With these modifications to the bathroom, Paul has regained his independence. "For the first time in years, I can use the bathroom without the help of two other people!"

Paul and his wife participate in the Walk MS: Main Line event every year to support others living with MS. Paul says with the help of the Society, "he can get by with a little help from his friends."

**How your dollars  
make a difference**

**\$12,994**

**\$12,994** helps fund a HomeABLE™ grant.

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# Thank you for riding!



## Colleen Stover

Age: 53

State: New Jersey

Year Diagnosed: 2005

Prior to her diagnosis, Colleen was co-owner of a large convenience store and gas station which went out of business thus taking away her livelihood. Having been out of work since 2002 and now going through the process of a divorce, Colleen came to the chapter for employment services. Colleen worked with the chapter staff to develop a strong resume and connected with the Office of Vocational Rehabilitation for additional training, including computer courses and a six-week Job Readiness Program.

Thanks to the chapter's MSWorks employment program, Colleen is now ready to re-enter the work force. She is also being trained as a leader for a new self-help group launching this summer. "The opportunity to be a part of the National MS Society's fundraising is an honor in my book!"

How your dollars  
make a difference

**\$3,000**

**\$3,000** funds a Job Readiness Program for individuals affected by MS.

# Thank you for riding!



## Kenneth McCarty

Age: 48

State: New Jersey

Year Diagnosed: 1991

Kenny was diagnosed with MS at the age of 26. Once an avid athlete, he enjoyed running, baseball and other sports. Due to his disease progression, Kenny must now use a wheelchair to transport himself from one place to another. Forced to retire at an early age, Kenny found himself at a loss, spending most of his time at home indoors and feeling socially isolated. In 2010, our chapter awarded him a scholarship to receive rehabilitation services in an environment that allowed him to socialize and reconnect with the community. This was especially important as his insurance company did not cover ongoing rehabilitation services. Kenny is now able to walk with the use of parallel bars and has built up tremendous upper body strength to lift himself in and out of his wheelchair. The confidence he now has makes Kenny feel like his old self again.

Kenny is an advocate for the MS community and plans to volunteer during City to Shore weekend at the Hammonton rest stop.

How your dollars  
make a difference

**\$1,500**

**\$1,500** provides physical therapy services to individuals living with MS.