

Visit our **website** and **check your email** for up-to-date information about weather and other weekend details.

Like us!  facebook.com/CitytoShore
Follow us!  twitter.com/MSCitytoShore
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RIDER NUMBER PICK-UP

All cyclists need a rider number to participate. To receive a rider number we must have your \$300 required minimum donation and signed waiver/safety pledge (completed during registration). **If you have your rider number, you do not need to check in.** If you need a rider number, please check in at the appropriate tent:

- > **ROOKIE RIDER TENT (PATCO only):** For first-year City to Shore cyclists
- > **VIP TENT/AREA (all sites):** If you have raised \$1,000 or more, pick up your rider number, jersey and credentials (if not already received). 2015 VIPs pick up your gold rider number here
- > **TEAM TENTS (PATCO only):** Look for your team's banner at the PATCO start (see map for general location and check **MScycling.org** for more details)
- > **RIDER NUMBER PICK-UP (all sites):** If the previous three do not apply, pick up your rider number here

ROUTE DETOUR

- > **Route includes use of 1.2 mile bike path near the Mays Landing rest stop**
- > The Atlantic County Department of Public Safety, Egg Harbor Township Police and Hamilton Township Police have strongly recommended that the Bike MS: City to Shore riders continue to use the new Atlantic County Bike Path route as opposed to County Route 559 due to safety concerns
- > This route was selected with the safety of cyclists in mind, providing a controlled detour
- > Route support will be provided along the bike path. To increase overall safety, there will be a heavy volunteer and police presence
- > Cyclists are asked to ride at a slow pace in single file and to use extreme caution, **the bike path will remain open to local residents for recreational activities**
- > Reference the website and cue sheets for more details

DIRECTIONS

25-Mile Cyclists: Mays Landing Start*

Oakcrest High School, 1824 Dr. Dennis Foreman Dr.
Mays Landing, N.J.

- > Check-in starts at 9:00am. This ride will kick off at 10:00am SHARP. All cyclists must be on the road by 10:00am

DRIVING DIRECTIONS: Take the Atlantic City Expressway East to exit 17, Route 50. At the end of the off-ramp, keep right and turn right onto Route 50 South. Turn left onto US-322 East [Black Horse Pike]. Proceed for about 2.5 miles and turn right onto Dr. Dennis Foreman Drive. The entrance will be on your left.

This is **NOT the Mays Landing rest stop. Please note: no overnight parking. Return transportation provided on Saturday ONLY.*

45-Mile Cyclists: Hammonton Start**

Atlantic Commerce Center, 1001 S. Grand St.
Hammonton, N.J.

- > Check-in starts at 8:00am. This ride will kick off at 9:00am SHARP. All cyclists must be on the road by 9:00am

DRIVING DIRECTIONS: Take the Atlantic City Expressway to exit 28, Route 54. Keep left off the ramp. Turn left onto Route 54 North. Turn right on 1st Road. Turn left on 10th Street. Turn right at the stop sign onto S. Grand Street. Turn left into the parking lot.

***This is **NOT** the Hammonton lunch stop. Please note: no overnight parking. Return transportation provided on Saturday ONLY.*

SUNDAY

80-Mile Cyclists: Ocean City Sunday Start

5th & the Boardwalk, behind the Civic Center
Ocean City, N.J.

- > Route opens at 6:30am
- > All cyclists must be on the road by 8:00am
NOTE: The bridge will be closed to all traffic (including cyclists) for the Ocean City half marathon



IMPORTANT: Woodcrest Road will be closed to all vehicles. See reverse for details and directions for getting to this start location – including important information of what to do when arriving and travel tips to get you there on time.



City to Shore
Ride 2016

presented locally by

TEVA

80&100 -Mile Cyclists: PATCO Woodcrest Station Start

200 Tindale Drive, Cherry Hill, N.J.

- > Due to 7,000 cyclists starting at PATCO's Woodcrest station Saturday morning, a staggered start is necessary
- > Accommodating the high number of cyclists presents many challenges and we appreciate your patience and cooperation
- > We understand that waiting to start the event can be frustrating. However, cyclist safety is our top priority
- > We work with local law enforcement to manage the number of cyclists being released at any given time during the start period
- > Please follow instructions, and treat other cyclists, volunteers, Bike MS staff and the police with the utmost respect
- > Our ride has one of the best reputations in the country. By working together, we can keep it that way

Staggered Start Tips:

- > Be patient
- > Only enter the start chute via the staging area - this is the **ONLY** entrance to the route
- > Use designated walk areas only - stay out of the start chute. Remember, you may be just arriving at PATCO, but your fellow Bike MS cyclists may be getting on the road

START TIMES

RIDER NUMBER PICK UP BEGINS: 5:30am

ROLLING START & SPEECHES: 6:30 - 8:00am

> ALL CYCLISTS MUST BE ON THE ROAD BY 8:00am

Cyclists arriving late will be bused to the first rest stop after checking in. No exceptions

- > **Attention Century Cyclists:** No cyclists will be permitted to enter the Century Loop after 11:30am. The century breakoff is at 46.3 miles. You are encouraged to plan your arrival time accordingly to ensure being released in one of the initial waves

Taking the Train to the PATCO Woodcrest Station



Increased train ridership brings money back to the Society. PATCO offers service to 13 stations* – four in Center City and nine in South Jersey. One-way fare to Woodcrest is \$3.00 from Philadelphia or \$1.60 from New Jersey. For everything you need to know about taking PATCO to the start, visit ridepatco.org/bike_ms_tips or call **215-922-4600** or **856-772-6900** at any time. Bikes are welcome.

To avoid traffic, consider parking at an alternative PATCO station and taking the train to the Ride.

*Stations with elevators: 15th & Locust, 8th & Market, Broadway (Camden), Lindenwold, Woodcrest

Parking at Burnt Mill and Woodcrest Rd.

SPACE IS
LIMITED

YOU MUST BE READY TO RIDE.

This option is ONLY available for cyclists who meet the following criteria:

1. **Has a rider number** (there is no rider number pick-up or donation drop-off, luggage drop-off)
2. **Do NOT need to go to PATCO for any reason** (team photo, VIP jersey pick-up, etc.)
3. **Ready to leave on route from the Overflow Parking lot** (meeting requirement #1 and #2)

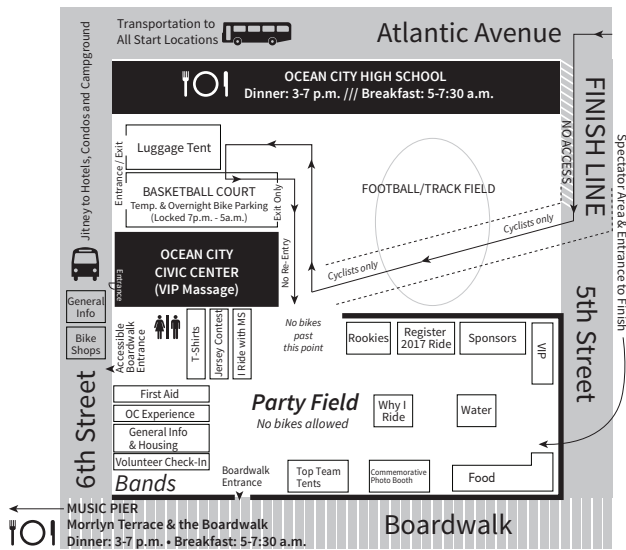
NOTE: You must wait as cyclists are released onto the route.

DRIVING DIRECTIONS TO THIS PARKING LOT:

Take Route 295 to Exit 32. At the end of the exit ramp, turn onto CR-561/Berlin Road heading east towards Voorhees. At the traffic light, turn right onto Burnt Mill Road. Once on Burnt Mill Road, police and volunteers will direct you where to park.

OCEAN CITY: 5TH & THE BOARDWALK

OCEAN CITY EXPERIENCE



Make the most of your stay in Ocean City. Spend time with your family at the award-winning boardwalk, shop at hundreds of stores in the booming downtown district, refuel from your ride at top-notch restaurants and relax on one of New Jersey's most beautiful beaches. The OC Identifier (pictured above) lets you know which local businesses are offering something special City to Shore weekend.

For everything Ocean City, including all your transportation and housing needs, visit nationalMSSociety.org/OCExperience.

REQUIREMENTS

Finish Line Party: After crossing the finish line to the cheers of hundreds of spectators, you and your loved ones are invited to join our celebration featuring plenty of food and live bands. Plus, collect your T-shirt and completer medal, vote for your favorite team jersey, and get your commemorative City to Shore photo!

Dinner: Pasta dinner offered from 3:00 to 7:00pm at the Music Pier on the boardwalk at Moorilyn Terrace or the Ocean City High School located at 6th & Atlantic Ave.

Transportation: Return buses to your start location are provided on Saturday at 6th & Atlantic. On Sunday, transportation will be provided to PATCO only (no shuttles will be provided to the 25 or 45-mile start locations on Sunday).

Jitney service is provided to the campground, all hotels, condos and team housing reservations made through Access Ocean City only. Jitneys are located on 6th Street between Atlantic and the boardwalk.

IMPORTANT ROUTE REMINDERS

- > Route is fully supported and marked
- > Personal SAG vehicles, bicycle tagalongs, trailers and carriers are not permitted on the route
- > Rest Stops are open to cyclists and authorized Bike MS vehicles only



• **Helmets are required**



• **Bike Inspections:** To receive free bike maintenance during ride weekend, your bike must have a Bike MS Inspected sticker. Visit MScycling.org for a list of official Bike MS: City to Shore Ride bike shop sponsors



• **City to Shore is a cup-free event.** You must have a water bottle



• **Be a responsible cyclist!** Roads are open to vehicles! With 7,000 riders on the road City to Shore weekend, it is important that each cyclist set a good example by following the rules of the road, respecting the communities we ride through and being courteous to motorists and fellow cyclists. Be responsible. Be safe

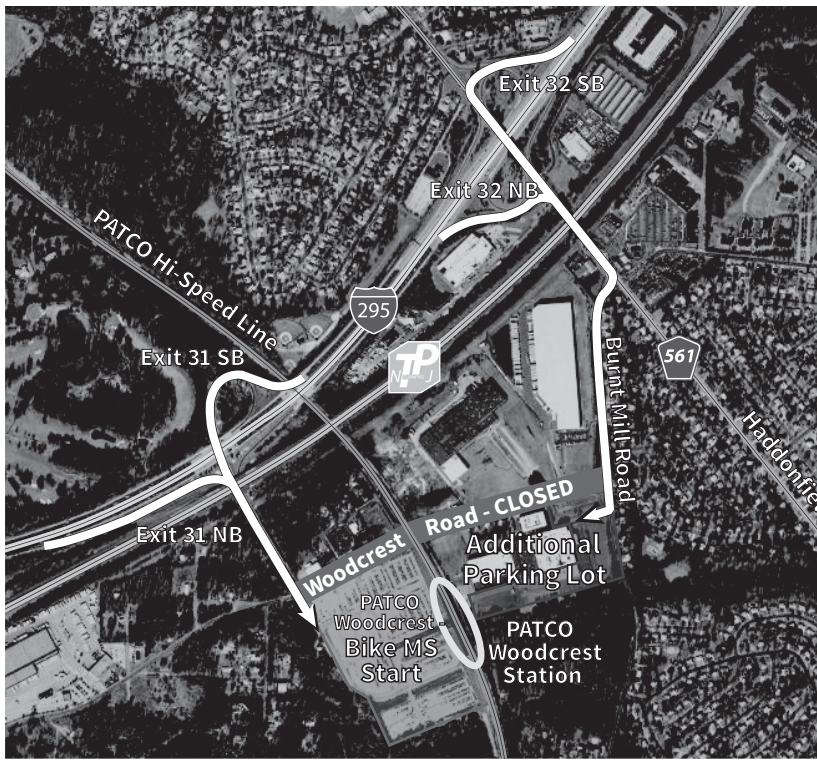
CLOSING TIMES

Century Closing: 11:30am

Attention Century Cyclists: No cyclists will be permitted to enter the Century Loop after 11:30am. The century breakoff is at 46.3 miles. You are encouraged to plan your arrival time accordingly to ensure being released in one of the initial waves.

Route Closing: 5:00pm

The Bike MS route will close at 5:00pm each day. We will make every effort to work with you to complete the ride. All cyclists on the road after 5:00pm must take the bus in to the finish line.



TRAVEL TIPS

CARPOOL

TRAFFIC: Allow extra travel time and expect delays on I-295 due to construction and the heavy volume on Saturday morning. (Bikes are not permitted on I-295.)

PARKING: Entry into the PATCO lots will take time. We make every effort to park cars quickly. Please be patient with us and consider taking PATCO. See map below for the order in which the lots will be filled.

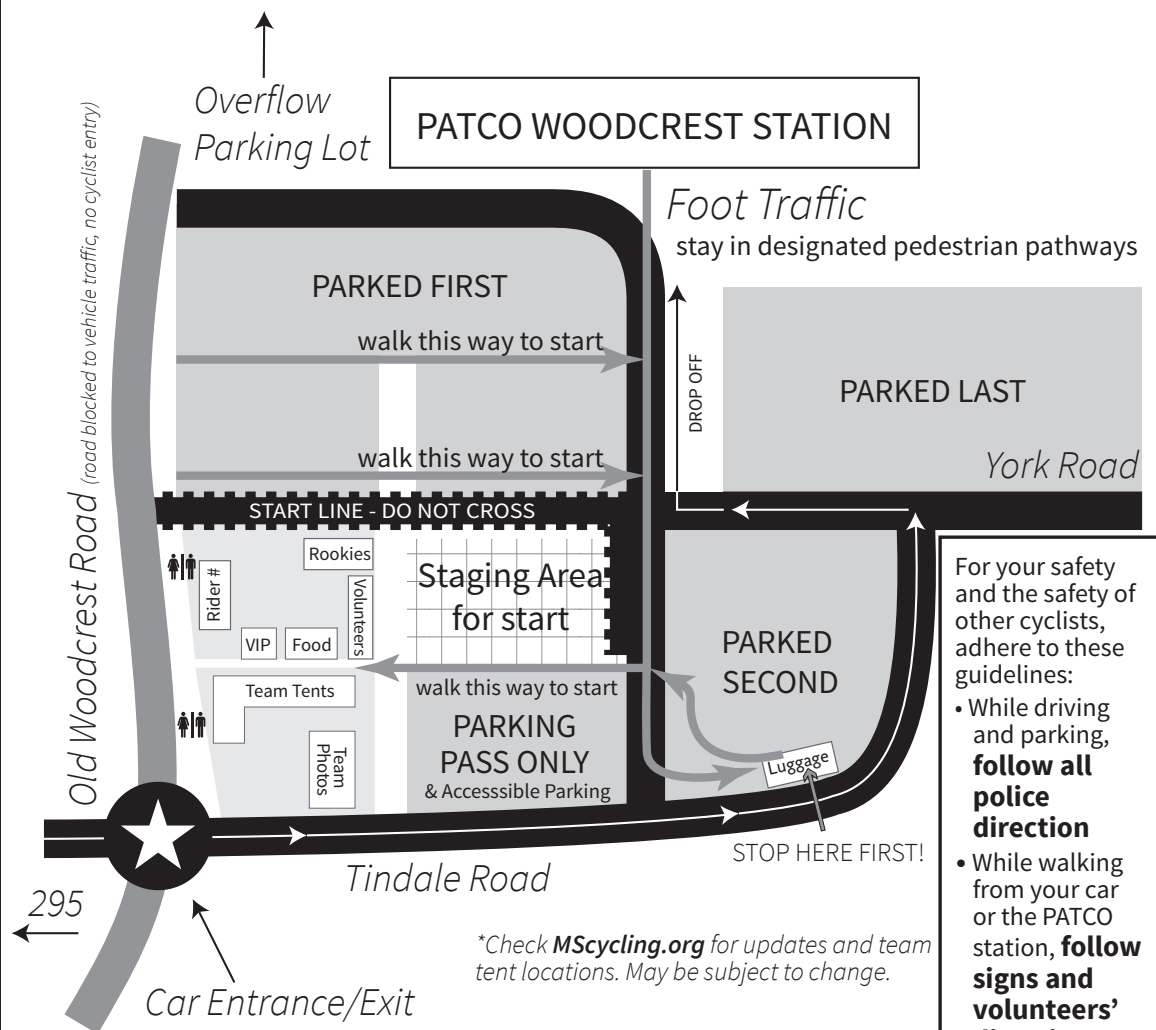
CAMPING: No camping permitted Friday night. No exceptions.

REMINDER: YOU MUST FOLLOW ALL POLICE & STAFF DIRECTION

Saturday 80 & 100-Mile Start Map*

Important Reminders

- > You must follow indicated pedestrian walk ways at all times
- > **Luggage Locations and Procedure:**
 - » Luggage permitted in the tent area will be limited
 - » If you have your rider number, you must drop your luggage before heading to the tent area. No exceptions
 - » If you do not have your rider number, you will be permitted to visit the tent area with your luggage to receive it
 - » Make sure you have everything you need from your luggage. Once you drop it, you will not be able to get back to it



For your safety and the safety of other cyclists, adhere to these guidelines:

- While driving and parking, **follow all police direction**
- While walking from your car or the PATCO station, **follow signs and volunteers' directions**

*Check MScycling.org for updates and team tent locations. May be subject to change.